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LEGISLATURE OF NEBRASKA

ONE HUNDRED SEVENTH LEGISLATURE

FIRST SESSION

LEGISLATIVE BILL 400

FINAL READING

Introduced by Arch, 14.

Read first time January 14, 2021

Committee: Health and Human Services

- 1 A BILL FOR AN ACT relating to telehealth; to amend sections 71-8503 and 71-8505, Reissue Revised Statutes of Nebraska, and sections 44-312 2 3 and 44-7,107, Revised Statutes Cumulative Supplement, 2020; to 4 redefine a term; to change requirements for insurers and telehealth consultations under the medical assistance program; and to repeal 5 the original sections.
- 7 Be it enacted by the people of the State of Nebraska,

LB400 2021

1 Section 1. Section 44-312, Revised Statutes Cumulative Supplement,

- 2 2020, is amended to read:
- 3 44-312 (1) For purposes of this section:
- 4 (a)(i) (a) Telehealth means the use of medical information
- 5 electronically exchanged from one site to another, whether synchronously
- 6 or asynchronously, to aid a health care provider in the diagnosis or
- 7 treatment of a patient.
- 8 (ii) Telehealth includes (A) services originating from a patient's
- 9 home or any other location where such patient is located, (B)
- 10 asynchronous services involving the acquisition and storage of medical
- 11 information at one site that is then forwarded to or retrieved by a
- 12 health care provider at another site for medical evaluation, and (C)
- 13 telemonitoring.; ; and
- 14 (iii) Telehealth also includes audio-only services for the delivery
- 15 of individual behavioral health services for an established patient, when
- 16 appropriate, or crisis management and intervention for an established
- 17 patient as allowed by federal law; and
- 18 (b) Telemonitoring means the remote monitoring of a patient's vital
- 19 signs, biometric data, or subjective data by a monitoring device which
- 20 transmits such data electronically to a health care provider for analysis
- 21 and storage.
- 22 (2) Any insurer offering (a) any individual or group sickness and
- 23 accident insurance policy, certificate, or subscriber contract delivered,
- 24 issued for delivery, or renewed in this state, (b) any hospital, medical,
- 25 or surgical expense-incurred policy, except for policies that provide
- 26 coverage for a specified disease or other limited-benefit coverage, or
- 27 (c) any self-funded employee benefit plan to the extent not preempted by
- 28 federal law, shall provide upon request to a policyholder, certificate
- 29 holder, or health care provider a description of the telehealth and
- 30 telemonitoring services covered under the relevant policy, certificate,
- 31 contract, or plan.

- 1 (3) The description shall include:
- 2 (a) A description of services included in telehealth and
- 3 telemonitoring coverage, including, but not limited to, any coverage for
- 4 transmission costs;
- 5 (b) Exclusions or limitations for telehealth and telemonitoring
- 6 coverage, including, but not limited to, any limitation on coverage for
- 7 transmission costs; and
- 8 (c) Requirements for the licensing status of health care providers
- 9 providing telehealth and telemonitoring services. ; and
- 10 (d) Requirements for demonstrating compliance with the signed
- 11 written statement requirement in section 71-8505.
- 12 Sec. 2. Section 44-7,107, Revised Statutes Cumulative Supplement,
- 13 2020, is amended to read:
- 14 44-7,107 (1) For purposes of this section:
- 15 (a) Asynchronous review means the acquisition and storage of medical
- 16 information at one site that is then forwarded to or retrieved by a
- 17 health care provider at another site for medical evaluation;
- 18 (b) Dermatologist means a board-certified physician who is trained
- 19 to evaluate and treat individuals with benign and malignant disorders of
- 20 the skin, hair, nails, and adjacent mucous membranes with a
- 21 specialization in the diagnosis and treatment of skin cancers, melanomas,
- 22 moles, and other tumors of the skin along with surgical techniques used
- 23 in dermatology and interpretation of skin biopsies; and
- (c) Telehealth has the same meaning as in section 44-312.
- 25 (2) Any insurer offering (a) any individual or group sickness and
- 26 accident insurance policy, certificate, or subscriber contract delivered,
- 27 issued for delivery, or renewed in this state, (b) any hospital, medical,
- 28 or surgical expense-incurred policy, or (c) any self-funded employee
- 29 benefit plan to the extent not preempted by federal law, shall not
- 30 exclude, in any policy, certificate, contract, or plan offered or renewed
- 31 on or after August 24, 2017, a service from coverage solely because the

- 1 service is delivered through telehealth, including services originating
- 2 <u>from any location where the patient is located</u>, and is not provided
- 3 through in-person consultation or contact between a licensed health care
- 4 provider and a patient.
- 5 (3)(a) Any insurer offering any policy, certificate, contract, or
- 6 plan described in subsection (2) of this section for which coverage of
- 7 benefits begins on or after January 1, 2021, shall not exclude from
- 8 coverage telehealth services provided by a dermatologist solely because
- 9 the service is delivered asynchronously.
- 10 (b) An insurer shall reimburse a health care provider for
- 11 asynchronous review by a dermatologist delivered through telehealth at a
- 12 rate negotiated between the provider and the insurer.
- 13 (c) It is not a violation of this subsection for an insurer to
- 14 include a deductible, copayment, or coinsurance requirement for a health
- 15 care service provided through telehealth if such costs do not exceed
- 16 those included for the same services provided through in-person contact.
- 17 (4) Nothing in this section shall be construed to require an insurer
- 18 to provide coverage for services that are not medically necessary.
- 19 (5) This section does not apply to any policy, certificate,
- 20 contract, or plan that provides coverage for a specified disease or other
- 21 limited-benefit coverage.
- 22 Sec. 3. Section 71-8503, Reissue Revised Statutes of Nebraska, is
- 23 amended to read:
- 24 71-8503 For purposes of the Nebraska Telehealth Act:
- 25 (1) Department means the Department of Health and Human Services;
- 26 (2) Health care practitioner means a Nebraska medicaid-enrolled
- 27 provider who is licensed, registered, or certified to practice in this
- 28 state by the department;
- 29 (3)(a) (3) Telehealth means the use of medical information
- 30 electronically exchanged from one site to another, whether synchronously
- 31 or asynchronously, to aid a health care practitioner in the diagnosis or

- 1 treatment of a patient.
- 2 (b) Telehealth includes (i) services originating from a patient's
- 3 home or any other location where such patient is located, (ii)
- 4 asynchronous services involving the acquisition and storage of medical
- 5 information at one site that is then forwarded to or retrieved by a
- 6 health care practitioner at another site for medical evaluation, and
- 7 (iii) telemonitoring. ÷
- 8 (c) Telehealth also includes audio-only services for the delivery of
- 9 individual behavioral health services for an established patient, when
- 10 appropriate, or crisis management and intervention for an established
- 11 patient as allowed by federal law;
- 12 (4) Telehealth consultation means any contact between a patient and
- 13 a health care practitioner relating to the health care diagnosis or
- 14 treatment of such patient through telehealth; and
- 15 (5) Telemonitoring means the remote monitoring of a patient's vital
- 16 signs, biometric data, or subjective data by a monitoring device which
- 17 transmits such data electronically to a health care practitioner for
- 18 analysis and storage.
- 19 Sec. 4. Section 71-8505, Reissue Revised Statutes of Nebraska, is
- 20 amended to read:
- 21 71-8505 (1) Prior to an initial telehealth consultation under
- 22 section 71-8506, a health care practitioner who delivers a health care
- 23 service to a patient through telehealth shall ensure that the following
- 24 written information is provided to the patient:
- 25 (a) A statement that the patient retains the option to refuse the
- 26 telehealth consultation at any time without affecting the patient's right
- 27 to future care or treatment and without risking the loss or withdrawal of
- 28 any program benefits to which the patient would otherwise be entitled;
- 29 (b) A statement that all existing confidentiality protections shall
- 30 apply to the telehealth consultation;
- 31 (c) A statement that the patient shall have access to all medical

- 1 information resulting from the telehealth consultation as provided by law
- 2 for patient access to his or her medical records; and
- 3 (d) A statement that dissemination of any patient identifiable
- 4 images or information from the telehealth consultation to researchers or
- 5 other entities shall not occur without the written consent of the
- 6 patient.
- 7 (2) The patient shall sign a written statement prior to or during an
- 8 initial telehealth consultation, or give verbal consent during the
- 9 telehealth consultation, indicating that the patient understands the
- 10 written information provided pursuant to subsection (1) of this section
- 11 and that this information has been discussed with the health care
- 12 practitioner or <u>the practitioner's</u> his or her designee. <u>The</u> Such signed
- 13 statement <u>may be collected by paper or electronic signature and shall</u>
- 14 become a part of the patient's medical record. If the patient gives
- 15 <u>verbal consent during the initial telehealth consultation, the signed</u>
- 16 statement shall be collected within ten days after such telehealth
- 17 consultation.
- 18 (3) If the patient is a minor or is incapacitated or mentally
- 19 incompetent such that he or she is unable to sign the written statement
- 20 or give verbal consent as required by subsection (2) of this section,
- 21 such statement shall be signed, or such verbal consent given, by the
- 22 patient's legally authorized representative.
- 23 (4) This section shall not apply in an emergency situation in which
- 24 the patient is unable to sign the written statement or give verbal
- 25 <u>consent as required by subsection (2) of this section and the patient's</u>
- 26 legally authorized representative is unavailable.
- 27 Sec. 5. Original sections 71-8503 and 71-8505, Reissue Revised
- 28 Statutes of Nebraska, and sections 44-312 and 44-7,107, Revised Statutes
- 29 Cumulative Supplement, 2020, are repealed.