



DEPT. OF HEALTH AND HUMAN SERVICES

December 15, 2021

Patrick O'Donnell, Clerk of the Legislature State Capitol, Room 2018 P.O. Box 94604 Lincoln, NE 68509

RE: 2018 Annual Cancer Registry Report

Dear Mr. O'Donnell:

In accordance with Neb. Rev. Stat. § 81-650, please find attached a copy of the Cancer Incidence and Mortality in Nebraska: 2018. This report provides the cancer incidence breakdowns by gender, age, site, and race as well as cancer mortality in Nebraska from January 1, 2014 to December 31, 2018.

Sincerely,

Gary J. Anthone, M.D.

Chief Medical Officer

Director, Division of Public Health

Bay authore, m)

Department of Health and Human Services

Cancer Incidence and Mortality in Nebraska: 2018



May 2021

The Nebraska Cancer Registry contains a wealth of information, not all of which is included in this report:

What types of data are available?

- Demographic: age at diagnosis, gender, race/ethnicity, county of residence
- Medical history: date of diagnosis, primary site, cell type, stage of disease at diagnosis
- Therapy: surgery, radiation therapy, chemotherapy, immunotherapy, hormone therapy
- Follow up: length of survival, cause of death

Who may request data from the Nebraska Cancer Registry?

- Medical Researchers
- Health Planners
- Market Researchers
- Health Care Facility Administrators
- Physicians
- Nurses
- Health Care Facility Cancer Committees
- Oncology Conference Planners and Speakers
- Patient Care Evaluators
- Pharmaceutical Companies
- Government Officials
- Concerned Citizens
- Students

How do I make a request?

Contact the Office of Health Statistics at the
Nebraska Department of Health and Human Services
Division of Public Health
P.O. Box 95026, Lincoln, NE 68509-5026

DHHS.NebraskaCancerRegistry@nebraska.gov
Phone 402-471-0553, Monday-Friday between 8 AM and 5 PM

Please note: To comply with confidentiality regulations, the Nebraska Department of Health and Human Services reserves the right to limit the amount and type of data that are released in response to a request.

NEBRASKA CANCER REGISTRY 2018 ANNUAL REPORT

Nebraska Department of Health and Human Services

Dannette R. Smith, Chief Executive Officer Nebraska Department of Health and Human Services

> Felicia Quintana-Zinn, Deputy Director Epidemiology Unit

> > Ming Qu, Administrator Public Health Research

Connie Ganz, Health Section Administrator I
Office of Health Statistics

Lifeng Li, MPH Epidemiology Surveillance Coordinator Christophe Irumva, MS Health Data Coordinator

This publication was supported by Cooperative Agreement Grant Number NU58DP006278 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the authors and do not necessarily represent the official view of CDC.

A special thank you to Nebraska Cancer Registry Advisory Committee members who provided advice and assistance to the Nebraska Cancer Registry, and also reviewed this report.

Nebraska Cancer Registry Advisory Committee Members

Jane Meza, Senior Associate Dean College of Public Health University of Nebraska Medical Center John Casey, MD Lincoln, Nebraska Center

Shinobu Watanabe-Galloway, PhD College of Public Health Nebraska Medical Center Alan Thorson, MD, FACS Colon and Rectal Surgery University of University of Nebraska Medical Center

Mary J. Chandler, RHIA Health Information Management Methodist Health System Kendra L. Ratnapradipa, PhD College of Public Health University of Nebraska Medical Center

Stephen Dreyer, MD Fremont Area Medical Center Judy Gray Consultant

F. William Karrer, MD Methodist Cancer Center Shelly Spencer, CTR St. Elizabeth Regional Medical Center

Nagamani Narayana, MS, DMD University of Nebraska College of Dentistry Marilyn J. Voss, RN, CCM Nebraska Methodist Hospital

Tamara Robinson, MS Nebraska Cancer Coalition Daniel Lydiatt, MD Methodist Cancer

Nebraska Cancer Registry Data Collection Staff

Julie Nielsen, RHIT, LPN, CTR Coordinator

Adrienne Bohnenkamp, RHIT, CTR Quality Assurance Coordinator

John Werthmann NCR Abstractor

Megan Nekola Early Case Capture Data Coordinator

Table of Contents

EXECUTIVE SUMMARY	1
INTRODUCTION	3
METHODOLOGY	4
Data Collection and Management	4
Confidentiality	4
Quality Assurance	5
Definitions	6
CANCER INCIDENCE IN NEBRASKA	
CANCER MORTALITY IN NEBRASKA	14
INCIDENCE AND MORTALITY FOR SELECTED PRIMARY SITES	19
Lung and Bronchus	19
Breast (Female only)	21
Colon and Rectum (Colorectal)	23
Prostate	25
Urinary Bladder	27
Non-Hodgkin Lymphoma	29
Leukemia	31
Kidney and Renal Pelvis	33
Melanoma of the Skin	35
Pancreas	37
RFFFRENCES	
KEFEKENUES	

EXECUTIVE SUMMARY

The Cancer Incidence and Mortality in Nebraska annual report for 2018 provides a comprehensive overview of the impact of cancer in Nebraska. The purpose of the report is to present the most recent statistics that describe cancer incidence and mortality in Nebraska, for the entire state and by county and region; in-depth analyses of selected cancer sites; and comparisons of trends between Nebraska and the United States. Findings from the report include:

- Overall Cancer Incidence: In 2018, there were 10,825 diagnoses of cancer among Nebraska residents. This number is higher than the number of cancers that were diagnosed in 2017 (10,490).
- Cancer Incidence by Gender: In 2018, prostate, lung, and colorectal cancers were the most frequently diagnosed cases among Nebraska men, while breast, lung, and colorectal cancers were the most frequently diagnosed cases among Nebraska women. Taken together, these cancers accounted for about half of all cancer cases diagnosed among Nebraska residents in 2018.
- Cancer Incidence by Age: During the past five years (2014-2018), more than half (56.6%) of all cancers in Nebraska occurred among people 65 years of age and older. Less than 1% were diagnosed among children and adolescents. The average age at diagnosis was 65 years of age.
- Cancer Incidence by Site: During the past five years (2014-2018), cancers of the
 lung and bronchus, stomach, liver, in situ female breast, thyroid, and soft tissues
 were diagnosed significantly less often among Nebraska residents when
 compared to the U.S. as a whole, while colorectal, melanoma of skin, prostate,
 kidney and renal pelvis, female breast, and small intestine cancers were diagnosed
 significantly more often. The number of melanomas diagnosed among Nebraska
 residents set a new single-year record in 2018, with 655 cases.
- Cancer Incidence by Race: During the past decade (2009-2018), African-Americans in Nebraska were significantly more likely to be diagnosed with colorectal, kidney, liver, lung, myeloma, pancreatic, stomach, and prostate cancers than were whites. Liver cancer diagnoses were also significantly more frequent among Native Americans, Asian-American/Pacific Islanders and Hispanics compared to whites.
- Overall Cancer Mortality: In 2018, 3,498 Nebraska residents died from cancer, which is a slight increase from the 2017 cancer death total of 3,479. Cancer was the second leading cause of death in Nebraska in 2018, surpassed by heart disease by 65 deaths.
- Cancer Mortality by Site: During the past five years (2014-2018), deaths from cancers of the stomach, liver, and lung occurred significantly less often among Nebraska residents when compared to the U.S. as a whole. Deaths caused by the cancer of esophagus, kidney, and soft tissues were significantly higher among

Nebraska residents compared with the U.S. Lung cancer was the leading cause of cancer mortality in Nebraska in 2018, accounting for 22.4% of all cancer deaths, followed by colorectal cancer. During the past two decades, prostate and female breast cancer mortality rates in Nebraska have both declined by more than 50%, which is consistent with national trends.

Cancer Incidence by County: Below are the Nebraska counties where cancer incidence during 2014-2018 was significantly different (p<.05) from the state. (NOTE: counties with fewer than 20 cases are not included.)

Signi	ficantly lower ▼	Sign	nificantly higher A
County	Primary Sites	County	Primary Sites
Buffalo	Lung & bronchus	Boone	Prostate
Dakota	Prostate	Burt	Prostate
Dawes	Female breast Prostate	Cass	Lung & bronchus Kidney & renal pelvis
Dawson	Prostate	Cuming	Prostate
	Melanoma of skin	Dodge	Lung & bronchus Thyroid
Hall	Female breast Prostate	Douglas	Lung & bronchus
Holt	Lung & bronchus Female breast		Female breast Melanoma of skin
Lincoln	Female breast		Pancreas
Madison	Urinary bladder	Franklin	Lung & bronchus
Phelps	Prostate	Gage	Lung & bronchus
Red Willow	Prostate	Greeley	Prostate
Scotts Bluff	Female breast	Hitchcock	Colon & rectum
Ocollo Didii	Colon & rectum	Madison	Prostate
York	Lung & bronchus	Nance	Colon & rectum
TOIR		Phelps	Female breast
		Platte	Colon & rectum
		Richardson	Lung & bronchus
		Sarpy	Female breast
		Thayer	Colon & rectum

Annual Report Special Topic: The pancreas is an organ about six inches long located behind the stomach. It secretes insulin into the bloodstream to control blood sugar and pancreatic juice into the intestine to help digest food. Tobacco use, obesity, exposure to certain chemicals, as well as diabetes, chronic pancreatitis, liver cirrhosis, and infection with the Helicobacter pylori bacteria are known risk factors for cancer of the pancreas. During the past five years (2014-2018), pancreatic cancer accounted for 1,443 new cases and 1,246 deaths among Nebraska residents, making it the third leading cause of cancer deaths in Nebraska during this time.

INTRODUCTION

This publication represents the 31st annual statistical summary of the Nebraska Cancer Registry (NCR) since it began collecting data in 1987. The purpose of this report is to present the registry's most recent data to the citizens of the State of Nebraska. The majority of the data covers cancer diagnoses and cancer deaths that occurred between January 1, 2018 and December 31, 2018, as well as during the past five years (January 1, 2014-December 31, 2018).

The NCR was founded in 1986, when the Nebraska Unicameral authorized funding for a state cancer registry using a portion of funds generated by the state's cigarette tax. The establishment of the registry successfully combined the efforts of many Nebraska physicians, legislators, concerned citizens, and the Nebraska Medical Foundation, all of whom had worked for years toward this goal. The Nebraska Medical Foundation also helped establish the registry with financial assistance. Since 1994, the NCR has received additional funding from the Centers for Disease Control and Prevention (CDC).

The NCR is managed by the Nebraska Department of Health and Human Services (DHHS) in Lincoln. However, registry data is collected and edited by NCR staff in Omaha, under contract to the Methodist Hospital Association. Analysis of registry data and preparation of the annual statistical report are the responsibilities of DHHS.

The purpose of the registry is to gather data that describes how many Nebraska residents are diagnosed with cancer, what types of cancer they have, how far the disease has advanced at the time of diagnosis, what types of treatment they receive, and how long they survive after diagnosis. These data are put to a variety of uses both inside and outside of DHHS. Within DHHS, they are used to identify high-risk populations and long-term disease trends, to compare Nebraska's cancer experience with the rest of the nation, to investigate reports of possible cancer clusters, and to help plan and evaluate cancer control programs. Outside of DHHS, the registry provides data upon request for research studies and public information, and has provided data to the North American Association of Central Cancer Registries (NAACCR), the National Cancer Institute (NCI), the American Cancer Society (ACS), CDC, and the University of Nebraska Medical Center, among others. The NCR also contributes its data to several national cancer incidence databases (see page 5). In recognition of the accuracy and completeness of the data collected, NAACCR has awarded the NCR its gold standard certificate of data quality for 23 consecutive years, from 1995 to 2017.

All individual records in the cancer registry are kept in strict confidence as prescribed by both state and federal law. The NCR follows all of the privacy safeguards in the Health Insurance Portability and Accountability Act (HIPAA), although some of the procedural requirements do not apply to the registry.

DHHS welcomes inquiries about cancer from the public for aggregate statistics or general information from the registry. To obtain cancer data or information about the registry not included in this report, please refer to the instructions provided inside the front cover.

An electronic copy of this report is available on the DHHS website at http://dhhs.ne.gov/Pages/Cancer-Registry.aspx

METHODOLOGY

Data Collection and Management

The NCR gathers data on Nebraska residents diagnosed and treated for invasive and in situ tumors. The registry does not include benign tumors (except for benign brain and other nervous system tumors, which became reportable as of January 1, 2004), benign polyps, and basal cell and squamous cell carcinomas of the skin. Information gathered from each case includes the patient's name, address, birth date, race, gender, and Social Security number, date of diagnosis, primary site of the cancer (coded according to the International Classification of Diseases for Oncology, 3rd edition [ICD-O-3]), stage of disease at diagnosis, facility where the initial diagnosis was made, basis of staging, method of diagnostic confirmation, histological type (also classified according to the ICD-O-3), and initial treatment. The registry does not actively collect follow-up information on registered cases, but many facilities provide it, and it includes the date of last contact with the patient, status of disease, type of additional treatment, and quality of survival. The registry collects information from every hospital in the state where cancer patients are diagnosed and/or treated on an inpatient basis. The registry also includes Nebraska residents who are diagnosed with and/or treated for cancer out of state, as well as cases identified through pathology laboratories, outpatient treatment facilities, physician offices, and death certificates. Death of registered cases is ascertained using death certificates available from DHHS and from the National Death Index.

Nebraska cancer mortality data are obtained from death certificates on file with DHHS. Mortality data are available for every Nebraska resident who dies from cancer, whether death occurs in or outside of Nebraska. The mortality data presented in this report is limited to those deaths where cancer is listed as the underlying (i.e., primary) cause of death. Causes of death are coded according to the Tenth Edition of the International Classification of Disease (ICD-10).

The US cancer incidence data presented in this report were compiled by CDC's National Program of Cancer Registries (NPCR) and NCI's Surveillance, Epidemiology, and End Results (SEER) Program. NPCR provides support for cancer registries in 46 states (including Nebraska), the District of Columbia, and some US territories, and covers 97% of the total US population. The mortality data presented in this report were compiled by the National Center for Health Statistics (NCHS) and include all US resident cancer deaths. Incidence data from NPCR and mortality data from NCHS are available through 2017.

Confidentiality

All data obtained by the NCR from the medical records of individual patients is held in strict confidence by DHHS. As specified in state statute, researchers may obtain case-specific and/or patient-identifiable information from the registry by submitting a written application that describes how the data will be used for scientific study. In situations where contact with a patient or patient's family is proposed, the applicant must substantiate the need for any such contact and submit approval from an Institutional Review Board. In addition, before any individual's name can be given to a researcher, the registry must obtain permission from the individual that they are willing to be a research subject. Upon favorable review by DHHS, the applicant must also agree to maintain the confidentiality

and security of the data throughout the course of the study, to destroy or return the registry data at the end of the study and to present material to the registry prior to publication to ensure that no identifiable information is released.

Aggregate data (i.e., statistical information) from the registry are considered open to the public and are available upon request. Details on how to obtain such data are provided inside the front cover of this report.

Quality Assurance

The NCR and reporting facilities spend a great deal of time and energy to ensure that the information they gather is both accurate and complete, and these efforts have met with consistent success. For 23 consecutive years (1995-2017), the NCR has met all of the criteria necessary to earn the gold standard certificate of data quality awarded by NAACCR, which is the accrediting body for all US and Canadian central cancer registries. These criteria include:

- Completeness of case ascertainment—The registry must find at least 95% of the total number of cases that are estimated to have occurred.
- Completeness of information—The proportion of registry cases missing information on age at diagnosis, gender, and county of residence must be no more than 2%, and the proportion missing information on race must be no more than 3%.
- Data accuracy—Error rates based on edit checks of selected data items must be no greater than 1%.
- 4) Timeliness—All data for a single calendar year must be submitted to NAACCR for review no more than 23 months after the year has ended.

Gold standard certification also requires that all cases pass strict edits and that the proportion of registry cases found solely through a review of death certificates must be no more than 3% and that the proportion of duplicate cases in the registry must be no more than one per 1,000.

Since the NCR has achieved the highest quality standards, its data are included in several national cancer incidence databases. These databases compile information from cancer registries throughout the United States and Canada that meet the same data quality standards as the NCR. These databases include:

- 1) Cancer in North America (http://www.naaccr.org)
- 2) United States Cancer Statistics (https://nccd.cdc.gov/uscs/)
- 3) Cancer Facts & Statistics (http://www.cancer.org/research/cancerfactsstatistics/index)
- 4) Cancer Control PLANET (http://cancercontrolplanet.cancer.gov/)

Definitions

Several technical terms are used in presenting the information in this report. The following definitions are provided here to assist the reader.

Incidence rate

Incidence rate is the number of new cases of a disease that occur within a specific population during a given time period, divided by the size of the population. For example, if 10 residents of a county with 20,000 residents are diagnosed with colorectal cancer during a single year, then the incidence rate of colorectal cancer for that county for that year is .0005. Since cancer incidence rates are usually expressed per 100,000 population, this figure is then multiplied by 100,000 to yield a rate of 50 per 100,000 per year.

Mortality rate

Mortality rate is the number of deaths that occur within a specific population during a given time period, divided by the size of the population. Like incidence rates, mortality rates are usually expressed as the number of deaths per 100,000 population per year.

Age-adjusted rate

Age-adjustment is a simple mathematical procedure that makes it possible to compare rates between populations that have different age distributions, and to compare rates within a single population over time. All of the incidence and mortality rates in this report are age-adjusted using the US population in 2000 as the standard. Statewide and national rates are age-adjusted using 19 age groups (<1, 1-4, 5-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+ years), while county and regional rates are age-adjusted using 11 age groups (<1, 1-4, 5-14, 15-24, 25-34, 35-44, 45-54, 55-64, 65-74, 75-84, 85+ years).

Stage of Disease at Diagnosis

In situ

Tumors diagnosed as in situ consist of invasive cells that are growing in place. In situ tumors are confined to the cell group of origin, and have not penetrated the supporting structure of the organ on which they arose.

Invasive

Tumors diagnosed as invasive have spread beyond the cell group of the organ where they began, and may have spread further. The organ where a malignancy began is also known as the primary site. Invasive tumors are subdivided into three categories:

<u>Localized</u>--A localized invasive tumor has not spread beyond the organ where it started.

<u>Regional</u>--A regional invasive tumor has spread beyond the organ where it began, by direct extension to immediately adjacent organs or tissues and/or by spread to regional lymph nodes.

<u>Distant</u>--A distant invasive tumor has spread beyond the primary site to distant parts of the body.

5-Year Relative Survival Rate

The 5-year relative survival rate refers to the ratio of the proportion of people who are alive for 5 years after their cancer diagnosis to the proportion of people in the general population alive over the same time interval. It's an estimate of the percentage of patients who would be expected to survive the effects of their cancer excluding the risk of dying from other causes.

Data Analysis

All of the rates presented in this report were calculated using Vintage 2018 bridged-race population estimates developed by the US Census Bureau and the National Center for Health Statistics. Incidence and mortality rates for multiple years (2014-2018) (see Tables 1, 2, 5, 6, 9-20) were calculated using population estimates for the years 2014-2018 combined, while rates for 2009-2018 (see Tables 3 and 7) were calculated using population estimates for the years 2009-2018 combined. Rates that are based on more than one year of data should be interpreted as an average annual rate.

All of the data presented in this report are current through December 31, 2020. However, because some cases diagnosed during or even before 2018 may not yet have been reported to the registry, the incidence data presented in this report should be considered subject to change. In addition, the incidence data reported in previous editions of this report should be considered no longer complete.

Internet users should also be aware that the cancer statistics for Nebraska that are published in this report and those that are posted on non-DHHS websites (see page 5) may differ. Some discrepancies may be the result of differences in the dates at which the data were compiled. As noted above, Nebraska incidence data published in this report include all cases reported to the registry through December 31, 2020; Nebraska data available on the CDC/NPCR website include cases that were reported through November 30, 2020.

With the exception of bladder cancer, in situ female breast cancer, and benign brain tumors, all of the site-specific incidence rates in this report were calculated with invasive cases only, to maintain comparability with statistics from the NPCR and other cancer registries throughout the United States. For bladder cancer, incidence rates were calculated with invasive and in situ cases combined. All incidence and mortality rates in this report were calculated per 100,000 population, and were age-adjusted according to the age distribution of the population of the United States in 2000. Statewide rates were also calculated for males and females separately, and for both sexes combined. The number of cases for any county with fewer than three cases is not shown in order to reduce the possibility of identifying a specific person.

To evaluate the statistical significance of the differences between rates, confidence intervals for rates were calculated using the formula $CI = r \pm (RC \times SE)$, where CI =confidence interval, r = rate, RC = 1.96 (for 95% confidence intervals) or 2.58 (for 99% confidence intervals), and SE = standard error. The standard error for a rate was determined by dividing the rate by the square root of the number of events (cancer diagnoses or deaths). A statistically significant difference exists and is indicated in those instances where the confidence intervals of a pair of rates being compared to each other do not overlap.

CANCER INCIDENCE IN NEBRASKA

The Nebraska Cancer Registry recorded 10,825 diagnoses of cancer among Nebraska residents in 2018, an increase from the 10,490 diagnoses recorded in 2017. The 2018 number translates into an incidence rate of 478.8 cases per 100,000 population. By primary site, cancers of the prostate, female breast, lung, colon and rectum occurred most frequently, accounting for about half (50.1%) of all diagnoses. Recent registry experience suggests that as the registry continues to record cases, the final count for 2018 will likely increase by 100 to 300 cases.

Table 1 presents the number and rate of cancers diagnosed among Nebraska residents during 2018 and 2014-2018, for all sites combined and for cancers of specific sites. The most current estimates of US cancer incidence for the same time period are also included. Comparison of the most recent state and national incidence rates for the past five years shows significant differences (p<.01) for cancers of the stomach, liver, soft tissue, lung, and thyroid (Nebraska rates are lower than the US) and for cancers of the colon and rectum, female breast, melanoma of skin, prostate, kidney and renal pelvis, and small intestine (Nebraska rates are higher than the US). Table 2 presents the number of cancers diagnosed in Nebraska during 2014-2018 by age at diagnosis. Table 3 presents Nebraska incidence data by race and ethnicity for the years 2009-2018.

Cancer (All Sites)
Incidence Rates, Nebraska (2009-2018) & US (2009-2017)

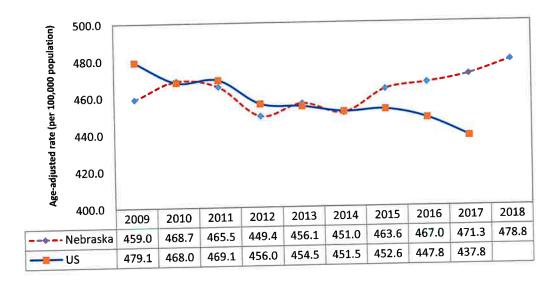


TABLE 1: Cancer Incidence

Number of Cases and Rates, by Selected Primary Site and Gender

Nebraska (2018 and 2014-2018) & US (2013-2017)

			NEBR 20	NEBRASKA 2018					NEBRASKA 2014-2018	4SKA 2018			.,	US 2013-2017	
Site	No.	Male Rate	Female No. R&	iale Rate	Total No.	al Rate	Male No.	le Rate	Female No. R	ale Rate	Total No.	ral Rate	Male Rate	Female Rate	Total Rate
All Sites	5,658	522.6	5,166	449.0	10,825	478.8	26,447	509.1	24,893	440.5	51,341	468.0	488.5	422.2	448.7
Oral Cavity & Pharynx	211	19.0	88	7.5	300	13.0	1,011	19.1	402	8.9	1,413	12.7	18.0	6.5	11.8
Esophagus	87	7.8	19	1.5	106	4.5	427	6.7	101	1.6	528	4.6	7.8	1.8	4.5
Stomach	82	6.7	4	3.3	123	5.5	383	7.5	198	3.4	581	5.3	89.	4.6	6.5
Small Intestine	4	1.3	30	2.5	4	1.9	136	2.7	129	2.3	265	2.5	2.8	2.2	2.5
Colon & Rectum	499	47.7	446	37.5	946	42.3	2,425	47.7	2,264	38.6	4,690	42.9	43.9	33.7	38.4
Liver & Intrahepatic Bile Ducts	93	8.2	36	2.9	129	5.4	472	8.6	178	2.9	650	5.6	12.9	4.6	8.4
Pancreas	144	13.1	135	10.9	279	12.0	758	14.9	685	11.3	1,443	13.0	14.7	11.4	12.9
Larynx	47	4.2	17	4.	64	2.7	257	4.7	74	1.3	331	2.9	5.6	1.2	3.2
Lung & Bronchus	678	61.2	617	49.2	1,295	54.5	3,283	63.5	3,019	50.3	6,302	99.0	67.5	51.3	58.3
Soft Tissue	42	4.3	31	3.0	73	3.6	232	8.4	133	5.6	365	3.6	4.0	2.8	3.4
Melanoma of the Skin	342	33.4	313	29.6	655	30.9	1,532	30.7	1,355	26.4	2,887	27.9	28.6	17.7	22.3
Breast (invasive cases)	70	2.0	1,542	136.8	1,562	72.0	82	1.6	7,263	130.5	7,348	68.7	1.3	125.9	67.3
Uterine Cervix	Î	I	29	6.3	I	ĥ	I	1	354	7.6	1	I	1	9.7	1
Uterine Corpus & Unspecified	1	1	316	27.0	1	1	1	1	1,586	27.6	1	ı	ı	27.0	

TABLE 1 (continued): Cancer Incidence

		2	NEBRASKA 2018	SKA 3					NEBRASKA 2014-2018	SKA 118			20	US 2013-2017	
Site	Š	Male	Ferr No	Female Rate	Total	tal	Male No.	e Rate	Female No. Ra	ile Rate	Total No. R	II Rate	Male Rate	Female Rate	Total Rate
	2) Jaco	8	8.2	1	1	1	ŀ	540	9.8	1	ì	1	10.9	ı
Ovary	1 635	141.8	I	1	ŀ	1	6,828	123.4	ı	I	I	ı	104.5	Ĩ	I
Testis	89	7.3	1	1	ı	Į.	326	7.2	ı	1	1	ľ	5.7	I	1
Urinary Bladder	375	35.6	103	8.2	478	20.4	1,757	35.1	554	8.8	2,311	20.5	34.6	8.6	20.0
Kidney & Renal Pelvis	259	23.9	162	14.1	421	18.7	1,284	24.7	707	12.6	1,991	18.3	22.8	11.7	16.8
Brain & Central Nervous System (invasive cases only)	65	6.5	80	9.7	145	7.1	399	8.0	334	4.9	733	7.1	9.7	5.5	6.5
Thyroid Gland	77	7.5	266	27.5	343	17.3	370	7.4	1,116	23.6	1,486	15.4	7.3	21.1	14.3
Hodgkin Lymphoma	20	2.1	4	7.	34	1.8	160	3.4	105	2.2	265	2.8	3.0	2.3	2.6
Non-Hodgkin Lymphoma	214	20.5	208	17.2	422	18.7	1,179	23.5	686	16.7	2,168	19.8	23.3	16.0	19.3
Myeloma	94	8.9	22	4.7	151	9.9	429	8.5	286	4.7	715	6.4	8.5	5.6	6.9
Leukemia	213	21.1	116	9.8	329	15.0	947	18.8	630	1.1	1,577	14.6	18.1	11.1	14.2
Brain & Central Nervous System (benign & uncertain cases only)	74	7.4	142	12.9	216	10.2	381	7.7	736	13.7	1,117	10.8	9.4	16.5	13.2
Breast (in situ cases only)	I	Ì	307	28.6	1	į	1	1	1,465	27.2	I	1	0.1	29.8	15.7

Total rates are per 100,000 population and are age-adjusted to the 2000 US population. Gender-specific rates are per 100,000 male or female population and are age-adjusted to the 2000 US population.

TABLE 2: Cancer Incidence
Number of Cases and Percentage Distribution, by Selected Primary Site and Age at Diagnosis
Nebraska (2014-2018)

	0.47 Vre		18-44 Yrs.	yi.	45-64 Yrs.	%	65+ Yrs.		TOTAL	
	N. mphor		Nimber		Number	%	Number	%	Number	%
	ASS	ا م د	3911	7.6	17,927	34.9	29,048	9.99	51,341	100.0
All Sites	6	2	87	62	652	46.1	899	47.3	1,413	100.0
Oral Cavity & Pharynx	0		5	1 8	197	37.3	324	61.4	528	100.0
Esophagus	5 4	200	37	6.4	191	32.9	352	9.09	581	100.0
Stomach	- 4	1 2	8	11.3	92	34.7	142	53.6	265	100.0
Small Intestine	- 0		203	62	1.567	33.4	2,821	60.1	4,690	100.0
Colon & Rectum (Colorectal)	50 -	3.0	17	2.6	296	45.5	333	51.2	650	100.0
Liver & Intrahepatic Bile Ducts	4 =	5 5	54	3.7	406	28.1	982	68.1	1,443	100.0
Pancreas	-	5 0	σ	2.7	131	39.6	191	27.7	331	100.0
Larynx	0 0	0	57	6.0	1,818	28.8	4,424	70.2	6,302	100.0
Lung & Bronchus	2 80	7.7	89	18.6	109	29.9	160	43.8	365	100.0
Soft Tissue	07	50	508	17.6	1,072	37.1	1,301	45.1	2,887	100.0
Melanoma of the Skin		000	648	8.9	3,095	42.6	3,520	48.5	7,263	100.0
Female Breast (invasive cases only)		0	139	39.3	157	44.4	28	16.4	354	100.0
Uterine Cervix			115	7.3	765	48.2	206	44.5	1,586	100.0
Uterine Corpus & Unspecified	0 0	5 -	71	13.1	211	39.1	252	46.7	540	100.0
Ovary	0	0	9	0.1	2,610	38.2	4,208	61.6	6,828	100.0
Prostate	0 4	12	265	81.3	45	13.8	12	3.7	326	100.0
Testis		00	32	1.4	492	21.3	1,787	77.3	2,311	100.0
Urinary Bladder	α	6	147	7.4	814	40.9	1,012	50.8	1,991	100.0
Kidney & Renal Pelvis	20	13.2	125	17.1	231	31.5	280	38.2	733	100.0
Brain & Central Nervous System (invasive cases only)	4	6.0	548	36.9	620	41.7	304	20.5	1,486	100.0
Thyroid Gland	7.6	10.2	129	48.7	57	21.5	52	19.6	265	100.0
Hodgkin Lymphoma	1 2	90	145	6.7	099	30.4	1,350	62.3	2,168	100.0
Non-Hodgkin Lymphoma	2 6	200	33	3.1	232	32.4	461	64.5	715	100.0
Myeloma	440	7.5	145	9.2	405	25.7	808	97.6	1,577	100.0
Leukemia	CV V	8 6	176	15.8	402	36.0	497	44.5	1,117	100.0
Brain & Central Nervous System (benign & uncertain)	4 0	00	137	9.4	741	50.6	587	40.1	1,465	100.0

TABLE 3: Cancer Incidence
Number of Cases and Rates, All Sites and Top Ten Primary Sites, by Race and Ethnicity
Nebraska (2009-2018)

	Rate		285.4	9.77	74.4	28.5		26.7	1.1	14.4	15.2	9.2	15.2	0.0	IIV .uc
Lienanic	l mber	-ı	2,394	335	243	222		164	139	124	120	116	12	72	population
l sail	2		All Sites	Female Breast	Prostate	Colon &		Lung & Bronchus	Thyroid	Kidney & Renal Pelvis	Non- Hodgkin Lymphoma	Leukemia	Uterine Corpus & Unspecified	Brain & Central Nervous System	Il de la constant de
		Kate	298.7	64.6	40.4	33.8		16.2	21.6	58.5	14.4	10.9	9.6	15.8	000'00
	TIC ISIANO	Number	817	116	91	83		65	55	54	35	8	32	26	are per 1
<u>.</u>	an/Pac	Site	All Sites	Female Breast	Lung &	Colon &	Kectum	Thyroid	Liver & Intrahepatic Bile Ducts	Prostate	Non- Hodgkin Lymphoma	Leukemia	Oral Cavity & Pharynx	Uterine Corpus & Unspecified	orbus), which
-		Rate	410.7	105.3	68.0	44.1		72.2	22.6	21.9	12.1	17.9	13.4	6.7	terine co
	Native American	Number	572	84	9/	20	3	4	40	38	22	11	17	15	breast u
	Native /	Site	All Sites	Female	Lung &	Colon &	Rectum	Prostate	Kidney & Renal Pelvis	Liver & Intrahepatic Bile Ducts	Leukemia	Uterine Corpus & Unspecified	Non- Hodgkin Lymphoma	Thyroid	state female
		Rate	209.0	201.9	75.9	4 0 0	0.00	53.8	27.8	16.3	18.1	13.6	15.5	12.0	oitee (nr
	African-American	Number	3,457	644	480	ç	473	350	190	116	110	101	6	68	dioca
	African-	Site	All Sites	Prostate	Lung &	Bronchus Female	Breast	Colon & Rectum	Kidney & Renal Pelvis	Non- Hodgkin	Pancreas	Liver & Intrahepatic Bile Ducts	Myeloma	Leukemia	Topus a sile
		Rate	461.1	127.5		7.02	57.3	43.3	24.4	21.0	20.5	17.3	27.6	14.7	
	White	Number	92,286	13		308,TT	11,779	8,727	4,592	4,338	4,109	3,442	2,911	2,890	
	W	Site	S	Female	Breast	TIOSIGIE	Bronchus	Colon & Rectum	Melanoma	Urinary Bladder	Non- Hodgkin	Lympholia Kidney & Renal Pelvis	Uterine Corpus &	Onspecimed	
				Rank	- (7	က	4	Ŋ	9	7	ω	თ	10	

Rates are per 100,000 population, excluding gender-specific sites (prostate, female rates are age-adjusted to the 2000 US population.

This page intentionally left blank.

CANCER MORTALITY IN NEBRASKA

In 2018, 3,498 Nebraska residents died from cancer, a slight increase from the state's 2017 tally of 3,479 cancer deaths. The 2018 count translates into a rate of 150.0 cancer deaths per 100,000 population. Cancer was the second leading cause of mortality among Nebraska residents in 2018, surpassed by heart disease with 65 deaths. By primary site, cancers of the lung, colon and rectum, pancreas and female breast accounted for just under half (46.7%) of Nebraska's cancer deaths in 2018.

Table 4 presents the number and rate of cancer deaths that occurred among Nebraska residents during 2018 and 2014-2018, for all sites combined and for specific sites. The most recent US cancer mortality rates, which cover the years 2013 through 2017, are also included. Comparison of the most recent state and national mortality rates for the past five years shows significant lower rates (p<.01) for cancers of the stomach, liver, and lung in Nebraska than in the US. Table 5 presents the number of Nebraska cancer deaths during 2014-2018 by age at death. Table 6 presents Nebraska cancer mortality data by race and ethnicity for the years 2009-2018.

Cancer (All Sites)
Mortality Rates, Nebraska (2009-2018) & US (2009-2017)

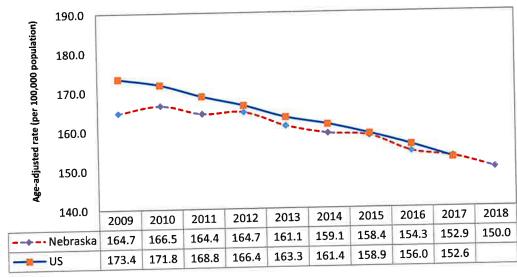


TABLE 4: Cancer Mortality

Number of Deaths and Rates, by Selected Primary Site and Gender

Nebraska (2018 and 2014-2018) & US (2013-2017)

			NEBRASKA 2018	ASKA 18					NEBRASKA 2014-2018	ASKA 2018			2	US 2013-2017	
Site	No.	Male Rate	Female No. Ra	iale Rate	Total No. R	tal Rate	Male No. R	le Rate	Female No. Ra	ale Rate	Total No.	al Rate	Male Rate	Female Rate	Total Rate
All Sites	1,849	177.1	1,649	129.5	3,498	150.0	9,138	182.8	8,226	132.9	17,364	154.1	189.5	135.7	158.3
Oral Cavity & Pharynx	42	3.8	24	1.6	99	2.7	185	3.5	102	1.6	287	2.5	3.9	1.3	2.5
Esophagus	82	7.7	15	1.2	26	4.1	418	8.1	87	4.	505	4.5	7.0	4.1	3.9
Stomach	32	3.0	16	1.3	48	2.1	162	3.3	81	4.	243	2.2	4.1	2.2	3.1
Colon & Rectum (Colorectal)	185	18.0	170	12.7	355	15.1	855	17.1	793	12.5	1,648	14.6	16.6	11.8	13.9
Liver & Intrahepatic Bile Ducts	09	5.4	30	2.5	06	3.9	328	6.1	171	2.8	499	4.3	9.6	4.0	9.9
Pancreas	135	12.6	136	10.7	271	11.7	629	13.2	587	9.4	1,246	11.2	12.7	9.6	11.0
Larynx	10	6.0	ဇ	0.3	13	0.5	82	9.1	27	0.5	112	1.0	1.7	4.0	1.0
Lung & Bronchus	417	38.8	368	29.0	785	33.3	2,272	45.1	1,963	32.1	4,235	37.7	49.3	33.2	40.2
Melanoma of the Skin	37	3.8	27	2.1	64	2.8	188	3.8	80	4.	277	2.5	3.5	1.5	2.4
Breast	-	0.1	221	18.0	222	8.0	Ξ	0.2	1,188	19.5	1,199	10.7	0.3	20.3	11.3
Uterine Cervix	1	ı	59	2.7	1	1	1	1	122	2.2	1	1	ł	2.3	ı

TABLE 4 (continued): Cancer Mortality

			NEBF 20	NEBRASKA 2018					NEBRASKA 2014-2018	ASKA 2018			7	US 2013-2017	
Site	No.	Male Rate	No.	Female to. Rate	Total No.	tal Rate	Š.	Male Rate	Female No. R	lale Rate	Total No. F	Rate	Male Rate	Female Rate	Total Rate
Uterine Corpus & Unspecified	1	1	92	5.6	Ĭ	I	1	1	292	4.7	ı	I	T.	4.8	i
Ovary	1	1	75	6.4	Î	ĺ	I	1	403	9.9	ŀ	ı	£	6.9	1
Prostate	203	20.2	I	1	ı	1	829	18.0	1	1	1	Ĭ	19.1	l	1
Kidney & Renal Pelvis	69	6.5	59	2.1	86	4.1	338	9.9	158	2.5	496	4.3	5.4	2.3	3.7
Urinary Bladder	71	7.4	33	2.3	104	4.4	321	6.7	138	2.0	459	4.0	7.5	2.1	4 .
Brain & Other Nervous System	20	6.8	4	3.5	11	5.1	315	6.1	221	3.9	536	4.9	5.4	3.6	4.4
Thyroid	ო	0.2	S	4.0	œ	0.3	24	9.0	20	0.3	44	4.0	0.5	0.5	0.5
Hodgkin Lymphoma	ω	0.8	-	0.1	თ	4.0	21	4.0	10	0.2	31	0.3	0.4	0.2	0.3
Non-Hodgkin Lymphoma	99	6.1	4	3.0	107	4.5	350	7.2	262	1.4	612	5.4	7.1	4.2	5.5
Leukemia	83	9.3	64	5.1	157	2.0	455	6.9	320	5.1	775	6.9	8.6	4 .8	6.4
Myeloma	33	3.2	33	2.5	99	2.8	206	4.2	141	2.2	347	3.0	4.1	5.6	3.3

Total rates are per 100,000 population and are age-adjusted to the 2000 US population. Gender-specific rates are per 100,000 male or female population and are age-adjusted to the 2000 US population.

TABLE 5: Cancer Mortality

Number of Deaths and Percentage Distribution, by Selected Primary Site and Age at Death

Nebraska (2014-2018)

	0.47 Vre		18-44 Yrs	ú	45-64 Yrs.	S.	65+ Yrs	ωl	TOTAL	
		-1	Mumber		Number	%	Number		Number	쑁
	Number	의 e	447	و د د	4.186	24.1	12,673	73.0	17,364	100.0
All Sites	8	3	c	2 4	8	32.8	184	64.1	287	100.0
Oral Cavity & Pharvnx	0	0.0	מ	- 6	5	2 2	000	67.4	FOF	1000
Clair Carry at marying	0	0.0	7	1.4	159	31.5	339	0/.1	coc	0.00
Esophagus		40	15	6.2	99	27.2	161	66.3	243	100.0
Stomach		0	09	3.6	369	22.4	1,219	74.0	1,648	100.0
Colon & Rectum (Colorectal)		000	15	3.0	182	36.5	302	60.5	499	100.0
Liver & Intrahepatic Bile Ducts			22	18	316	25.4	806	72.9	1,246	100.0
Pancreas			27	90	1.069	25.2	3,139	74.1	4,235	100.0
Lung & Bronchus		0	10	3.5	8	28.9	188	67.9	277	100.0
Melanoma of the Skin	> a	2 2	5	4 4	326	27.4	802	67.5	1,188	100.0
Female Breast		5 6	8 8	0 77	3 6	1 C	42	34.4	122	100.0
Uterine Cervix	0	o.o	<u>0</u>	2.5	20	200	202	6 02	292	100.0
Harina Comus & Unspecified	0	0.0	7).	8	4.02			107	000
Oleme or base a corporation of the corporation of t	0	0.0	11	2.7	118	29.3	274	08.0	504	000
Ovary		C	c	0.0	83	9.7	9//	90.3	829	100.0
Prostate		200	ď	12	140	28.2	349	70.4	496	100.0
Kidney & Renal Pelvis	-	2 0		10	C.	10.9	406	88.5	459	100.0
Urinary Bladder	0	ם כ	2	5 5	787	24.3	278	51.9	536	100.0
Brain & Central Nervous System	20	3.7	94	2	5 3	2 6	00	75.0	VV	1000
	0	0.0	0	0.0	11	25.0	33	0.0	#	0.001
Inyroid	c	0.0	က	9.7	11	35.5	17	54.8	31	100.0
Hodgkin Lymphoma	,	00	4	2.5	107	17.5	489	79.9	612	100.0
Non-Hodgkin Lymphoma	-	4	27	2 2	106	13.7	628	81.0	775	100.0
Leukemia	14	0.	17	3	3	100	270	A08	347	100.0
Mveloma	0	0.0	2	0.0	8	0.62	613	S		
and control of the co										

NOTE: Due to rounding, percentages may not sum to 100.0.

TABLE 6: Cancer Mortality
Number of Deaths and Rates, All Sites and Top Ten Primary Sites, by Race and Ethnicity
Nebraska (2009-2018)

									-	O/aciaA	Acian/Dacific Islander	-	単	Hispanic	
		White	1	African	African-American	Date of	Site	Native American	Rate	Site	Number	Rate	Site	Number	Rate
	Site	Number	Yate		Malina	200	•				C	400	All Cites	623	95.8
	All Sites	32,750	157.8	All Sites	1,202	201.3	All Sites	168	139.6	All Sites	503	6.50		2	2
Rank													9,		!
-	Lung &	8,311	40.3	Lung & Bronchus	313	52.6	Lung & Bronchus	42	38.8	Lung & Bronchus	49	21.1	Bronchus	101	17.7
0	Colon &	3,178	15.2	Colon &	131	23.2	Colon & Rectum	26	18.5	Liver & Intrahepatic	42	15.6	Colon & Rectum	52	8.4
ı	Kectum						olemol			Colon &	ç	0	Liver &	ž	7.3
က	Pancreas	2,255	10.9	Pancreas	95	16.0	Breast	4	22.1	Rectum	2	0.0	Bile Ducts	5	2
4	Female Breast	2,201	19.4	Female Breast	87	25.8	Liver & Intrahepatic Bile Ducts	ω	6.1	Pancreas	41	5.9	Leukemia	38	4.5
Ŋ	Prostate	1,690	19.3	Prostate	82	41.3	Leukemia	9	4.1	Leukemia	13	5.2	Female Breast	34	8.6
ဖ	Leukemia	1,432	7.0	Liver & Intrahepatic Bile Ducts	64	8.7	Stomach	9	3.8	Female Breast	12	6.9	Pancreas	34	5.3
2	Non- Hodgkin Lymphoma	1,223	5.8	Myeloma	44	7.8	Prostate	Ŋ	12.3	Stomach	=	4.0	Brain & CNS	34	3.9
ω	Brain & CNS	1,007	5.1	Esophagus	32	4.8	Uterine Cervix	S	3.9	Oral Cavity & Pharynx	7	3.2	Stomach	33	4.1
თ	Esophagus	948	4.5	Stomach	30	5.2	Kidney & Renal Pelvis	Ŋ	3.5	Prostate	œ	7.3	Prostate	8	15.9
10	Kidney & Renal	930	4.4	Leukemia	30	5.0	Pancreas	S	3.3	Ovary	7	5.0	Hodgkin Lymphoma	78	5.4
	Peivis			operation or built	or coorific	eitae (n	and a consister (prostate female breast ovary) which are per 100,000 male or female population. All rates are	breast (ovary). v	hich are per	100,000 r	male or f	emale popula	tion. All r	ates are

Rates are per 100,000 population, excluding gender-specific sites (prostate, female breast, ovary), which are per 100,00 age-adjusted to the 2000 US population. Abbreviation: CNS, central nervous system

INCIDENCE AND MORTALITY FOR SELECTED PRIMARY SITES

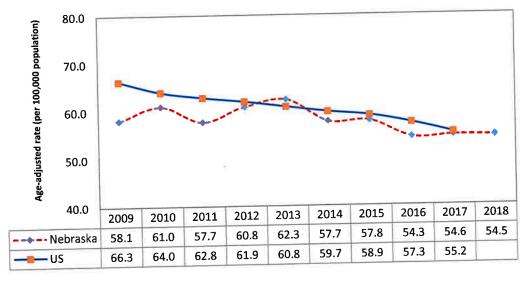
Lung and Bronchus

Although lung cancer was only the third most frequently diagnosed cancer among Nebraska residents in 2018, it was the year's leading cause of cancer mortality, accounting for 22% of the state's cancer deaths. During the past five years (2014-2018), lung cancer has averaged about 6,302 diagnoses and over 4,235 deaths in Nebraska per year. Although lung cancer is more likely to strike men than women, the lung cancer death rate for Nebraska men has fallen by over 40% since 1990, while remaining almost unchanged for Nebraska women. Due to the small number of cases that are detected at an early stage of the disease, the 5-year relative survival rate for people diagnosed with lung cancer is about 20%.

Cigarette smoking is the major risk factor for lung cancer and causes about 80% of lung cancer deaths. People who smoke cigarettes are 15 to 30 times more likely to die from lung cancer than non-smokers. Quitting smoking at any age reduces the risk of lung cancer, although the risk for smokers is higher than the risk for a lifelong non-smoker. The US Preventive Services Task Force (USPSTF) and ACS have both endorsed screening for lung cancer, using low-dose computed tomography (LDCT). ACS recommended only for people 55-74 years of age who currently smoke or who have quit within the past 15 years, are in good health, and have at least a 30 pack per year smoking history. The USPSTF recommend screening for people aged 50-80 and who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years.

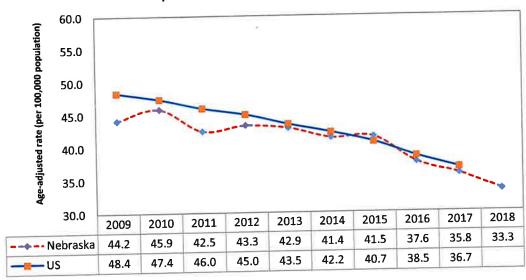
Lung and Bronchus Cancer

Incidence Rates, Nebraska (2009-2018) & US (2009-2017)



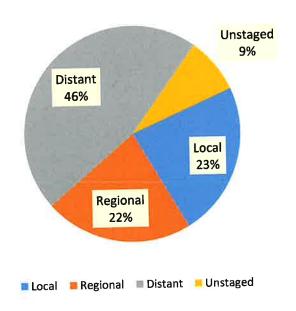
Lung and Bronchus Cancer

Mortality Rates, Nebraska (2009-2018) & US (2009-2017)



Lung and Bronchus Cancer

Percentage of Cases, by Stage of Disease at Diagnosis Nebraska, 2014-2018



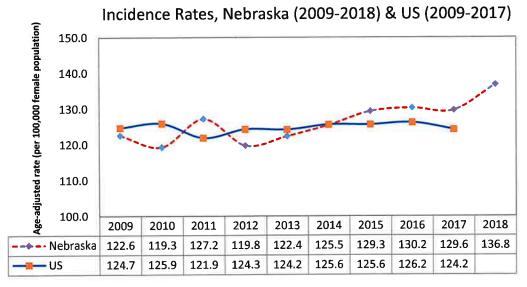
Breast (Female only)

Breast cancer is the most common type of cancer among women and the second most frequent cause of female cancer deaths. Between 2014 and 2018, 7,263 Nebraska women were diagnosed with invasive breast cancer (another 1,465 were diagnosed with in situ breast cancer) and 1,188 women died from breast cancer. Since 1990, the rate of breast cancer deaths in Nebraska and the US has declined significantly. Recent declines in the rate of breast cancer diagnoses have been attributed to the decreasing use of postmenopausal hormone replacement therapy, early detection through screening, and increased awareness. The 5-year relative survival rate for women diagnosed with female breast cancer is about 89%.

Age is an important risk factor for breast cancer, with more than 80% of all cases occurring among women age 50 and older. Other risk factors include genetic mutations, a personal or family history of breast cancer, some forms of benign breast disease, early menstruation, late menopause, never having children or having a first child after age 30, and for post-menopausal women, obesity and long-term hormone replacement therapy.

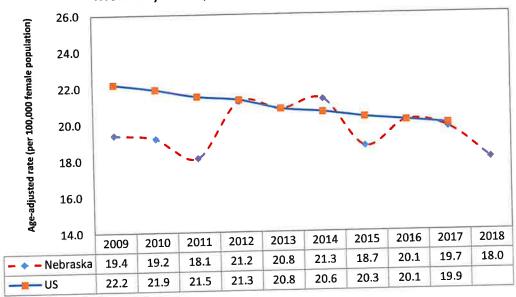
Screening for breast cancer is known to save lives, although opinion varies on how and when to screen. USPSTF guidelines recommend mammography for women 50-74 on an every-other-year schedule. However, ACS guidelines recommend that women 40-44 have the choice for annual mammography; women 45-54 have annual mammography; and women 55 and older have the choice to continue annual mammography or to have it on an every-other-year schedule, continuing as long as their overall health is good and life expectancy is 10 or more years. For some women who have an increased risk of breast cancer, the ACS recommends annual magnetic resonance imaging (MRI) in addition to mammography, usually starting at age 30.

Female Breast Cancer



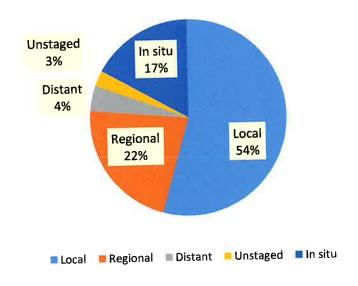
Female Breast Cancer

Mortality Rates, Nebraska (2009-2018) & US (2009-2017)



Female Breast Cancer

Percentage of Cases, by Stage of Disease at Diagnosis Nebraska, 2014-2018



Colon and Rectum (Colorectal)

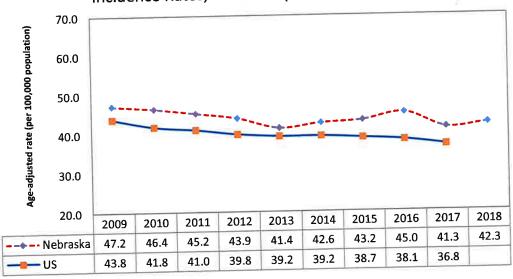
In 2018, colorectal cancer was the fourth most frequently diagnosed cancer among Nebraska residents, accounting for 946 new cases. It was also the second leading cause of cancer mortality in the state, accounting for 355 deaths.

The risk of developing colorectal cancer increases with age. More than half (60.1%) of all colorectal cancer cases that occurred in Nebraska during 2014-2018 were 65 or older at diagnosis. Other risk factors include a personal or family history of colorectal cancer or polyps, a personal history of chronic inflammatory bowel disease, and certain hereditary colorectal cancer syndromes. Modifiable risk factors include physical inactivity, obesity, smoking, a high-fat diet (especially fat from animal sources), and heavy alcohol use. The 5-year relative survival rate for people diagnosed with colorectal cancer is about 64%.

Screening for asymptomatic polyps and tumors is known to prevent colorectal cancer cases and deaths, and there are a number of recommended test options. Among them include several types of stool tests, flexible sigmoidoscopy, colonoscopy, CT colonography (virtual colonoscopy), and double-contrast barium enema. Recommended frequency varies by type of test. For people of average risk without symptoms, the USPSTF recommends screening for those 45-75 years of age, which is consistent with the ACS recommends screening. However, the ACS also recommends that people at increased risk (i.e., a personal or family history of colorectal cancer or polyps, a personal history of chronic inflammatory bowel disease, or a family history of hereditary colorectal cancer syndromes) may be advised to begin screening before age 45 and/or be screened more often.

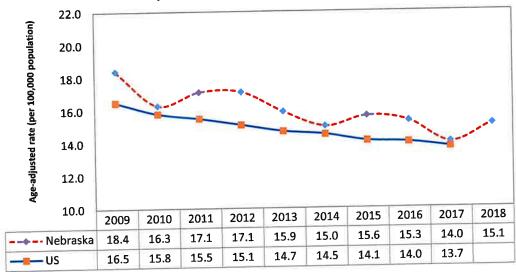
Colon and Rectum (Colorectal) Cancer

Incidence Rates, Nebraska (2009-2018) & US (2009-2017)



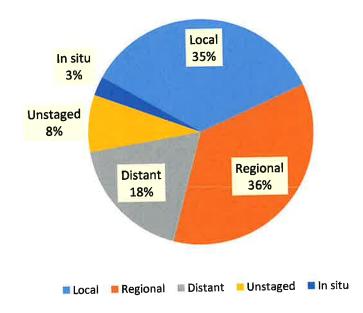
Colon and Rectum (Colorectal) Cancer

Mortality Rates, Nebraska (2009-2018) & US (2009-2017)



Colon and Rectum (Colorectal) Cancer

Percentage of Cases, by Stage of Disease at Diagnosis Nebraska, 2014-2018



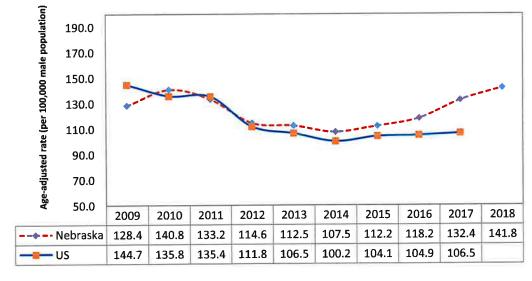
Prostate

With 1,635 diagnoses in 2018 prostate cancer was the most common cancer among Nebraska men, accounting for about 29% of all new cancers. During the past five years (2014-2018), it has also been the second leading cause of cancer deaths among Nebraska men, accounting for 859 deaths. Since the mid-1990s, prostate cancer death rates have declined substantially, both in Nebraska and throughout the United States.

Little is known about what causes prostate cancer. Risk increases with age (more than 60% of Nebraska men diagnosed with prostate cancer during 2014-2018 were 65 or older) and is significantly greater among African-Americans. During the past decade (2009-2018), the incidence rate of prostate cancer among African-American men in Nebraska has been 67% higher than among whites. Men with a close relative (father, brother, or son) who has had prostate cancer, especially at a young age, are also at increased risk. The 5-year relative survival rate for people diagnosed with prostate cancer is about 98%.

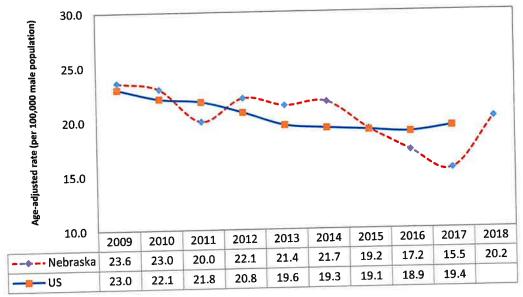
Current ACS guidelines recommend that men make an informed decision with their health care provider about whether to be screened for prostate cancer. This discussion should begin at age 50 for men who are at average risk of prostate cancer and have a life expectancy of at least 10 years. This discussion should begin at age 45 for men at high risk (African-Americans and men with a father, brother, or son diagnosed with prostate cancer before age 65) and at age 40 for men of even higher risk (men with several first-degree relatives diagnosed before age 65). For men who choose to be screened, the ACS recommends the prostate-specific antigen (PSA) blood test with or without a digital rectal exam. By contrast, the USPSTF recommend screening for prostate cancer for men aged 55 to 69 should be an individual decision and need discussion with the health providers about the potential benefits and risks.

Prostate Cancer
Incidence Rates, Nebraska (2009-2018) & US (2009-2017)



Prostate Cancer

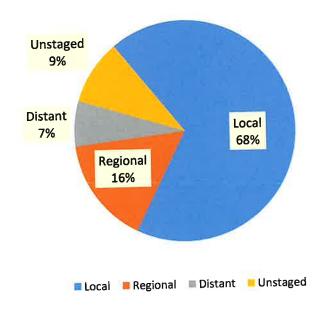
Mortality Rates, Nebraska (2009-2018) & US (2009-2017)



Prostate Cancer

Percentage of Cases, by Stage of Disease at Diagnosis

Nebraska, 2014-2018



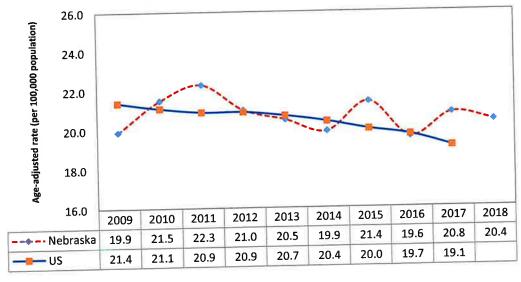
Urinary Bladder

Between 2014 and 2018, 2,311 Nebraska residents were diagnosed with bladder cancer. Bladder cancer occurs much more frequently among men than women (by about a 3-to-1 ratio), and it now ranks as the fourth most common site of cancer diagnoses among Nebraska men. However, deaths from bladder cancer occur far less often (459 Nebraska residents died from it during 2014-2018), which is the result of a high percentage of early-stage diagnoses and the existence of effective treatments. Survival prospects have improved considerably in recent decades, to the point where the most current national data show that the five-year relative survival rate for all bladder cancer patients is about 75%.

Cigarette smoking is the most important known risk factor for bladder cancer. Smokers develop bladder cancer three times more often than non-smokers, and about half of all cases are attributable to smoking. Risk factors also include occupational exposures to certain chemicals used to make dyes (benzidine and beta-naphthylamine), as well as working in the manufacture of rubber and leather. Like most cancers, the risk of bladder cancer increases with age: 77% of the cases that occurred in Nebraska during 2014-2018 were at least 65 years old when diagnosed.

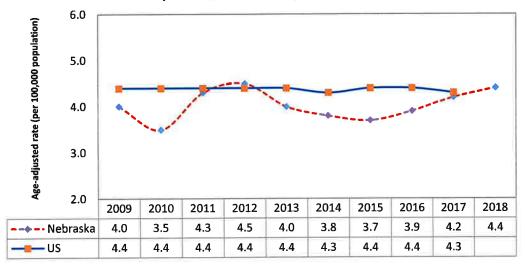
Urinary Bladder Cancer

Incidence Rates, Nebraska (2009-2018) & US (2009-2017)



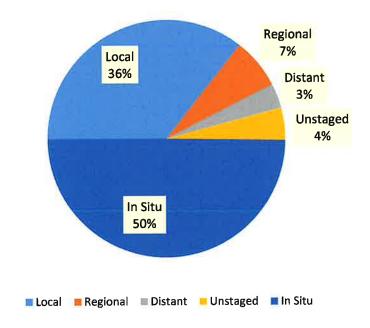
Urinary Bladder Cancer

Mortality Rates, Nebraska (2009-2018) & US (2009-2017)



Urinary Bladder Cancer

Percentage of Cases, by Stage of Disease at Diagnosis Nebraska, 2014-2018



28

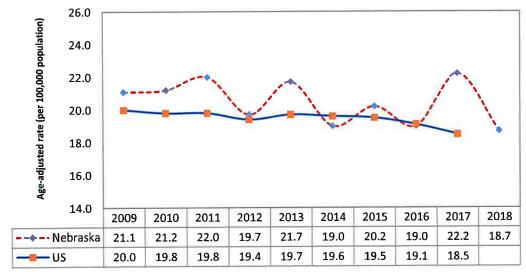
Non-Hodgkin Lymphoma

Lymphomas are cancers that affect the white blood cells of the immune system, and are usually classified as either Hodgkin or non-Hodgkin lymphoma. Non-Hodgkin lymphoma is by far the more common disorder of the two, accounting for 2,168 diagnoses and 612 deaths among Nebraska residents between 2014 and 2018 (for Hodgkin lymphoma, the comparable figures are 265 diagnoses and 31 deaths). National statistics indicate that the incidence rate for non-Hodgkin lymphoma has increased by about 80% since the mid-1970s, and some of this increase is related to the appearance of AIDS. However, both state and national data show that non-Hodgkin lymphoma deaths have been increasing since at least 1950, which indicates that factors other than AIDS are also responsible. The current trends from 2009 to 2018 have shown that both incidence as well as mortality rate of non-Hodgkin lymphoma have steadily declined at the state and national level. The five-year relative survival rate for non-Hodgkin lymphoma is about 69%.

The causes of non-Hodgkin lymphoma are unknown, although there is evidence that viral exposures and reduced immune function are associated with the disease. People whose immune systems have been suppressed by drugs, particularly those who have received an organ transplant, are at high risk of Non-Hodgkin lymphoma, and it also occurs more frequently among people with congenital and acquired immunologic disorders, including AIDS. The increased incidence of the disease among people with congenital disorders of the immune system suggests that hereditary factors may increase risk. Some studies have found that occupational exposure to certain herbicides is a risk factor as well.

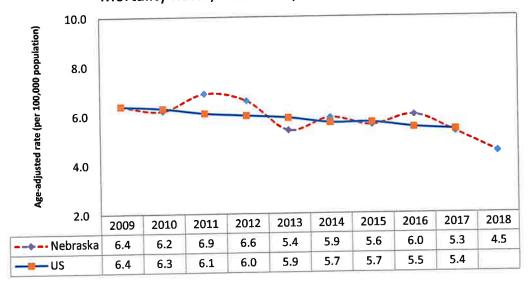
Non-Hodgkin Lymphoma

Incidence Rates, Nebraska (2009-2018) & US (2009-2017)



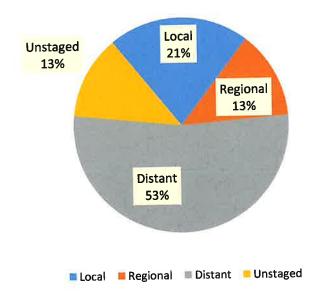
Non-Hodgkin Lymphoma

Mortality Rates, Nebraska (2009-2018) & US (2009-2017)



Non-Hodgkin Lymphoma

Percentage of Cases, by Stage of Disease at Diagnosis Nebraska, 2014-2018

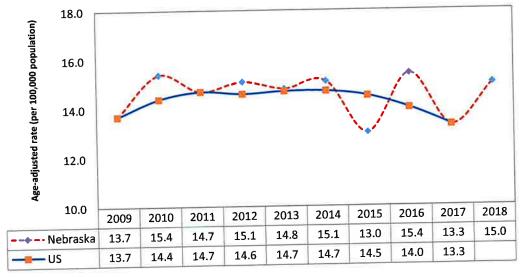


Leukemia

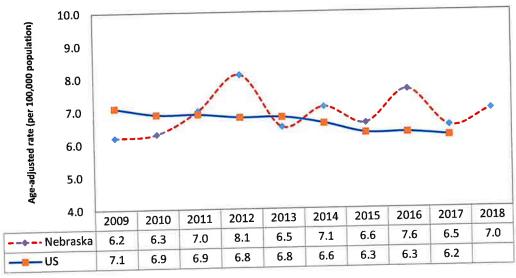
Between 2014 and 2018, leukemia accounted for 1,577 diagnoses and 775 deaths among Nebraska residents. Although leukemia is one of the most common types of cancer diagnosed among children and adolescents, over half (57.6%) of the leukemia cases that occurred in Nebraska between 2014 and 2018 were 65 years of age or older at diagnosis. There are many different types of leukemia: acute lymphocytic leukemia is the most frequently diagnosed among children and teens, while acute myeloid and chronic lymphocytic are the most common types among adults. Survival times vary widely by type: overall, the relative five-year survival rate for all leukemia patients in the United States is over 56%.

The major causes of most types of leukemia are unknown. Nevertheless, several risk factors have been identified, and include genetic abnormalities (such as Down syndrome), exposure to ionizing radiation, and workplace exposure to benzene and other related solvents. Adult T-cell acute lymphocytic leukemia is strongly associated with infection by a retrovirus, the human T-cell lymphoma/leukemia virus, type I (HTLV-I). Cigarette smoking is a risk factor for acute myeloid leukemia, while people who have a family history of chronic lymphocytic leukemia carry an increased risk of the disease themselves.

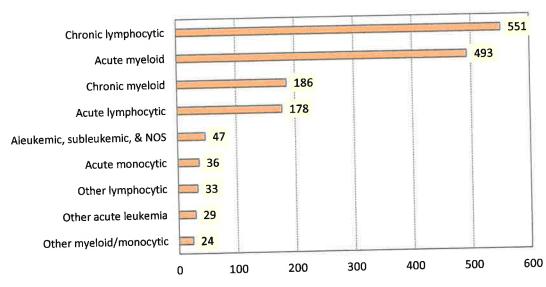
LeukemiaIncidence Rates, Nebraska (2009-2018) & US (2009-2017)



LeukemiaMortality Rates, Nebraska (2009-2018) & US (2009-2017)



LeukemiaNumber of Cases by Histologic Type, Nebraska, 2014-2018



Abbreviation: NOS, not otherwise specified

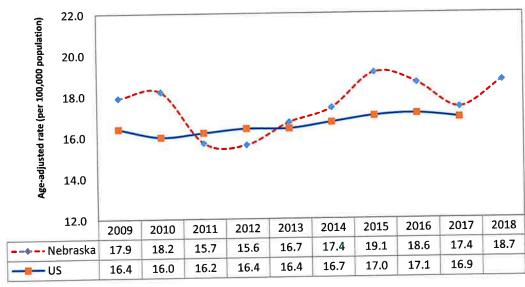
Kidney and Renal Pelvis

Cancers of the kidney and renal pelvis accounted for 1,991 diagnoses in Nebraska between 2014 and 2018, and also accounted for 496 deaths in Nebraska during the same years. State and national trends since 1990 show a significant increase in the rate of diagnosis of these cancers, but little change in the mortality rate. The chances of survival for people with kidney cancer are relatively high, with the most current national statistics showing that the five-year relative survival rate for cancers of the kidney and renal pelvis is now over 72%.

Preventable risk factors for cancer of the kidney include cigarette smoking and obesity. Current estimates indicate that cigarette smoking is responsible for about 20 percent of all kidney cancer deaths. Similar to other types of cancers, kidney cancer occurred to the older people more often. More than half (50.8%) of all cases that were diagnosed during 2014-2018 were over the age of 65. Other non-preventable risk factors for cancer of the kidney include a family history of kidney cancer and high blood pressure. However, since people with high blood pressure are often treated with drugs, it is unclear whether their increased risk is related to their high blood pressure or the drugs. Nevertheless, people who need drugs to lower their blood pressure should take them.

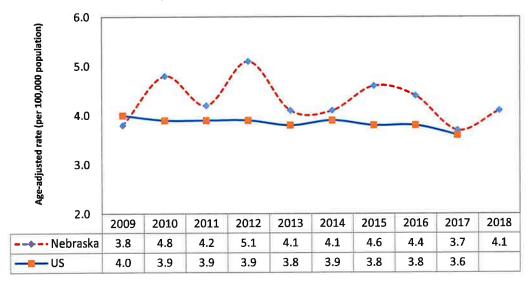
Kidney and Renal Pelvis Cancer

Incidence Rates, Nebraska (2009-2018) & US (2009-2017)



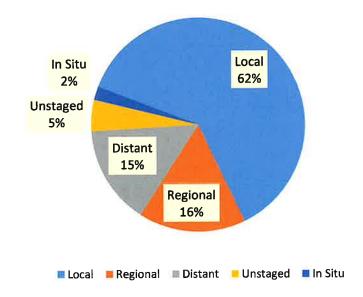
Kidney and Renal Pelvis Cancer

Mortality Rates, Nebraska (2009-2018) & US (2009-2017)



Kidney and Renal Pelvis Cancer

Percentage of Cases, by Stage of Disease at Diagnosis Nebraska, 2014-2018



Melanoma of the Skin

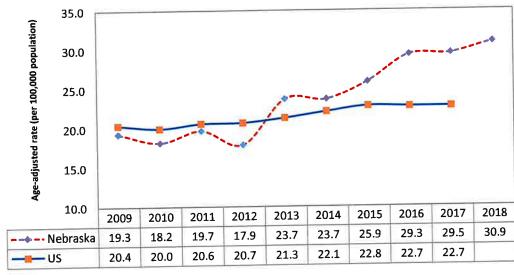
There are several different types of skin cancer, but melanomas are the most serious. Nationally, melanomas comprise about 1% of all skin cancer diagnoses but the vast majority of all skin cancer deaths. In Nebraska, melanomas of the skin accounted for 2,887 diagnoses and 277 deaths between 2014 and 2018. The incidence of melanoma continues to increase significantly in Nebraska and throughout the United States. Because most melanomas are discovered early in their development and can be surgically removed, the relative five-year survival rate is now about 90%.

Melanoma is related to exposure to ultraviolet radiation (most of which comes from the sun), particularly exposures during childhood that resulted in severe sunburns. The risk of developing melanoma is particularly high among people with light skin. Sun exposure is not the only risk factor. Family history of melanoma and the presence of numerous dysplastic nevi (large moles with irregular coloration and shape) also increase a person's risk of the disease.

Skin melanomas are among the most preventable and treatable of all cancers. Wearing protective clothing and using sunscreen are the best methods for preventing the disease, and children in particular should have such protection. In addition, early detection can greatly reduce the risk of melanoma mortality. Recognition of changes in skin growths or the appearance of new growths is the best way to find melanomas early in their development. The ACS suggests that adults practice skin self-examination on a monthly basis, and that suspicious lesions should be evaluated promptly by a physician.

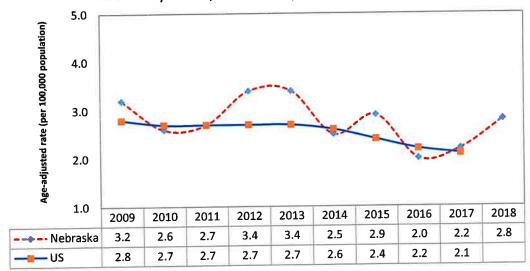
Melanoma of the Skin

Incidence Rates, Nebraska (2009-2018) & US (2009-2017)



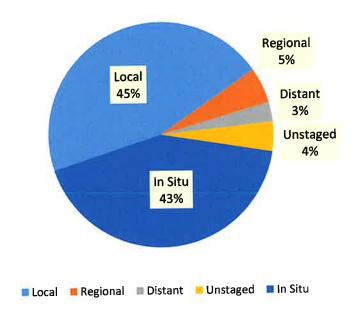
Melanoma of the Skin

Mortality Rates, Nebraska (2009-2018) & US (2009-2017)



Melanoma of the Skin

Percentage of Cases, by Stage of Disease at Diagnosis Nebraska, 2014-2018

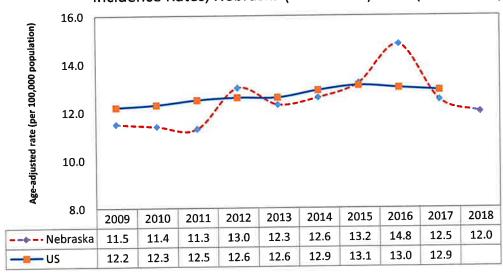


Pancreatic Cancer

Between 2014 and 2018, cancer of the pancreas accounted for 1,443 diagnoses and 1,246 deaths among Nebraska residents. Risk for pancreatic cancer increases with age, and over two-thirds (68%) of Nebraskans diagnosed with the disease during 2014-2018 were 65 years of age or older. Both statewide and nationally, cancer of the pancreas is the third-leading cause of cancer deaths. Since it is most commonly diagnosed at an advanced stage, the survival rate is extremely poor compared to that of most other cancer types (9.5%).

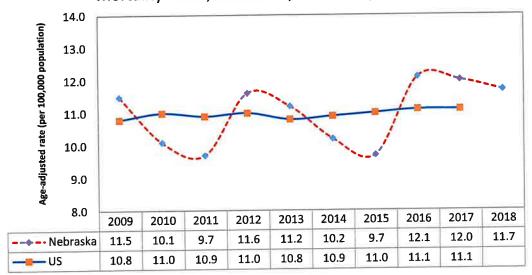
Preventable risk factors for cancer of the pancreas include cigarette smoking, which accounts for 20-30% of new cases, along with obesity and workplace exposure to certain chemicals used in the metalworking and dry-cleaning industries. Other risk factors for cancer of the pancreas include certain inherited genetic syndromes, a family history of the disease, and health conditions that include diabetes, chronic pancreatitis, cirrhosis of the liver, and stomach infection caused by the bacteria *Helicobacter pylori*. Since the pancreas is deep inside the body and tumors are difficult to find early, there are no recommendations from the USPSTF, ACS, or any other medical professional organizations for routine screening for pancreatic cancer.

Pancreatic Cancer Incidence Rates, Nebraska (2009-2018) & US (2009-2017)



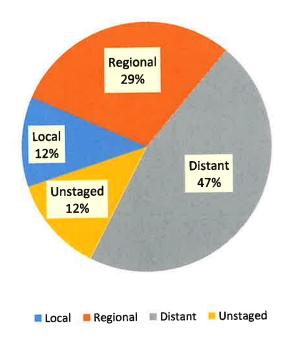
Pancreatic Cancer

Mortality Rates, Nebraska (2009-2018) & US (2009-2017)



Pancreatic Cancer

Percentage of Cases, by Stage of Disease at Diagnosis Nebraska, 2014-2018



REFERENCES

American Cancer Society. American Cancer Society Recommendations for the Early Detection of Breast Cancer, 2021. Available at: https://www.cancer.org/cancer/breast-cancer/screening-tests-and-early-detection/american-cancer-society-recommendations-for-the-early-detection-of-breast-cancer.html

American Cancer Society, Cancer Facts and Figures 2021. Atlanta, GA: American Cancer Society, 2021. Available at:

https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/annual-cancer-facts-and-figures/2021/cancer-facts-and-figures-2021.pdf

American Cancer Society. Colorectal Cancer Screening Guidelines, 2018. Available at: https://www.cancer.org/health-care-professionals/american-cancer-society-prevention-early-detection-guidelines/colorectal-cancer-screening-guidelines.html

Fritz A, Percy C, Jack A, Shanmugaratnam K, Sobin L, Parkin DM, Whelan S. International Classification of Diseases for Oncology, 3rd edition (US interim version 2000). Geneva, Switzerland: World Health Organization, 2000.

Centers for Disease Control and Prevention. United States Cancer Statistics: Data Visualizations. Accessed on April 20, 2021. Available at: https://gis.cdc.gov/Cancer/USCS/DataViz.html

United States Cancer Statistics: 1999-2017 Incidence, CDC WONDER On-line Database. US Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute, 2020. Available at: https://wonder.cdc.gov/cancer-v2017.HTML

United States Cancer Statistics: 1999-2017 Mortality, CDC WONDER On-line Database. US Department of Health and Human Services, Centers for Disease Control and Prevention, 2020. Available at: https://wonder.cdc.gov/cancermort-v2015.HTML

United States Department of Health and Human Services. The Health Consequences of Smoking: A Report of the Surgeon General. US Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2004. Available at: https://www.cdc.gov/tobacco/data statistics/sgr/2004/complete report/index.htm

US Preventive Services Task Force. Final Recommendation Statement: Breast Cancer: Screening. Accessed on April 20, 2021. Available at: https://uspreventiveservicestaskforce.org/uspstf/recommendation/breast-cancer-screening

US Preventive Services Task Force. Final Recommendation Statement: Colorectal Cancer: Screening. Accessed on May 18, 2021. Available at: https://uspreventiveservicestaskforce.org/uspstf/recommendation/colorectal-cancer-screening

US Preventive Services Task Force. Final Recommendation Statement: Lung Cancer: Screening. Accessed on April 20, 2021. Available at: https://uspreventiveservicestaskforce.org/uspstf/recommendation/lung-cancer-screening

World Health Organization. Manual of the International Statistical Classification of Diseases and Related Health Problems, 10th revision. Geneva, Switzerland: World Health Organization, 1992.

REPORTING FACILITIES

Ainsworth--Brown County Hospital Albion--Boone County Health Center Alliance--Box Butte General Hospital

Alma--Harlan County Health System

Atkinson--West Holt Memorial Hospital, Inc.

Auburn--Nemaha County Hospital

Aurora--Memorial Hospital

Bassett--Rock County Hospital

Beatrice--Beatrice Community Hospital & Health

Center, Inc.

Benkelman--Dundy County Hospital

Blair--Memorial Community Hospital

Bridgeport--Morrill County Community Hospital

Broken Bow--Jennie Melham Memorial Medical Ctr.

Callaway--Callaway District Hospital

Cambridge--Tri Valley Health System

Central City--Litzenberg Memorial County Hospital Chadron--Chadron Community Hospital & Health

Services

Columbus--Columbus Community Hospital, Inc.

Cozad--Cozad Community Hospital

Creighton--Creighton Area Health Services

Crete--Crete Area Medical Center

David City--Butler County Health Care Center

Fairbury--Jefferson Community Health Center, Inc.

Falls City--Community Medical Center, Inc.

Franklin--Franklin County Memorial Hospital

Fremont--Fremont Area Medical Center

Friend--Warren Memorial Hospital

Geneva--Fillmore County Hospital

Genoa--Genoa Community Hospital/LTC

Gordon--Gordon Memorial Hospital District

Gothenburg--Gothenburg Memorial Hospital

Grand Island--CHI Health St. Francis

Grant--Perkins County Health Services

Hastings--Mary Lanning Memorial Hospital

Hebron--Thayer County Health Services

Henderson-Henderson Health Care Services

Holdrege--Phelps Memorial Health Center

Imperial--Chase County Community Hospital

Kearney--CHI Health Good Samaritan

Kearney--CHI Health Good Samaritan Pathology

Kimball--Kimball Health Services & Hospital

Lexington--Tri-County Area Hospital District

Lincoln--Bryan-LGH Medical Center East & West

Lincoln--CHI Health Saint Elizabeth

Lincoln--Pathology Medical Services

Lincoln--Williamsburg Radiation Center

Lincoln--CHI Health Nebraska Heart

Lincoln--UNMC College of Dentistry

Lynch--Niobrara Valley Hospital Corp.

McCook--Community Hospital

Minden--Kearney County Health Services

Nebraska City--CHI Health St. Mary's

Neligh--Antelope Memorial Hospital

Norfolk--Faith Regional Health Services East & West

North Platte--Great Plains Regional Medical Center

North Platte--Pathology Services

Oakland--Oakland Memorial Hospital

Ogallala--Ogallala Community Hospital

Omaha--CHI Health Bergan Mercy

Omaha--CHI Health Immanuel

Omaha--Children's Hospital

Omaha--VA Nebraska-Western Iowa Health Care

System

Omaha--Methodist Hospital Pathology Center

Omaha--Nebraska Medical Center

Omaha--Nebraska Methodist Hospital

Omaha--CHI Health Creighton University Med. Ctr.

Omaha--Boys Town National Research Hospital

Omaha--CHI Health Lakeside

Omaha--CHI Health Bergan Mercy Pathology

Omaha--Bishop Clarkson Hospital Pathology

Omaha--Creighton Pathology Associates

Omaha--Physicians Lab

O'Neill--Avera St. Anthony's Hospital

Ord--Valley County Hospital

Osceola--Annie Jeffrey Memorial County Health Ctr.

Oshkosh--Garden County Health Services

Osmond--Osmond General Hospital

Papillion--CHI Health Midlands

Pawnee City--Pawnee County Memorial Hospital

Pender--Pender Community Hospital

Plainview--CHI Health Plainview

Red Cloud--Webster County Community Hospital

Schuyler--CHI Health Schuyler

Scottsbluff--Regional West Medical Center

Scottsbluff--Western Pathology Consultants

Seward--Memorial Hospital

Sidney--Memorial Health Center

St. Paul--Howard County Community Hospital

Superior--Brodstone Memorial Hospital

Syracuse--Community Memorial Hospital

Tecumseh--Johnson County Hospital

Tilden--Tilden Community Hospital

Valentine--Cherry County Hospital

Wahoo--Saunders County Health Services

Wayne--Providence Medical Center

West Point--St. Francis Memorial Hospital

Winnebago--USPHS Indian Hospital

York--York General Hospital

Other States:

Sioux City, IA--Mercy Medical Center

State cancer registries participating in the National Interstate Data Exchange Agreement, and the state cancer registries of Illinois, Kansas, Minnesota, Missouri, and South Dakota.

THE NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES
IS COMMITTED TO AFFIRMATIVE ACTION/
EQUAL EMPLOYMENT OPPORTUNITIES AND DOES NOT
DISCRIMINATE IN DELIVERING BENEFITS OR SERVICES.
AA/EOE/ADA



Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

