



NEBRASKA
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DEPT. OF HEALTH AND HUMAN SERVICES



Nebraska Child Abuse Prevention Fund Board **Annual Report**

Fiscal Year 2017-2018



Purpose of the Nebraska Child Abuse Prevention Fund Board

The Nebraska Child Abuse Prevention Fund Board (NCAPF Board) was created in 1986 by the Nebraska Legislature to provide prevention information, education, and resources to parents, professionals, and the public. Board members are appointed by the Governor and approved by the Legislature. The board is administered by the Nebraska Department of Health and Human Services.

The board's plan for 2017-2018 included the following priorities:

- Supporting evidence-informed approaches to child abuse prevention in Nebraska communities
- Administering a statewide public awareness campaign with local child abuse prevention councils and coalitions
- Providing training and technical assistance on research-based child abuse prevention strategies to community grantees and other partners

Grants

The Nebraska Child Abuse Prevention Fund Board provides grants to support research-based strategies that help children thrive.

The Nebraska Child Abuse Prevention Fund Board provides grants to community coalitions to support evidence-informed strategies for thriving children and families. These grants included funding for strategies that targeted universal populations, high-risk populations, and high-need individuals. Four primary strategies were funded: Parents Interacting with Infants (universal), Community Cafés (universal), Circle of Security™-Parenting (universal and high-risk), and Parent-Child Interaction Therapy (high-need individuals). These four strategies reached families in English, Spanish, and other languages. More than 680 families and their children participated in multiple sessions of these strategies.

All strategies were implemented by community coalitions that were also working on other approaches to build the protective factors that research has shown to reduce child abuse and neglect. These protective factors are knowledge of child development, social-emotional competence, resilience, social connections, and concrete supports.

KEY FINDING

99%

OF PARENTS SAID
PIWI INCREASED
POSITIVE
INTERACTIONS WITH
THEIR CHILDREN

Parents participating in Parents Interacting With Infants with their young children made significant and meaningful changes across all areas of parenting skills measured by the Healthy Families Parenting Inventory. These changes included parenting efficacy, home environment, and parent-child interaction.



KEY FINDING

Community Cafés led to strengthened protective factors and improved parent engagement and leadership.

Additionally, the Cafés led to improved social connections and partnerships with churches, schools, and local police and facilitated the creation of an online newsletter and a new parent support group. Café conversations also resulted in a neighborhood swim event and saved a family fitness program from being cut.

Strategy for Universal Populations

Parents with infants and young children ages 0-2

Parents Interacting With Infants (PIWI)

PIWI is an evidence-informed strategy from the Center on Social and Emotional Foundations for Early Learning. PIWI brings parents of very young children together in small groups to increase their confidence, competence, and joy in parenting. The developmental topics of each PIWI session promote mutually enjoyable and beneficial interactions between parents and their young children. PIWI sessions also help to make it normal and positive to ask questions about family challenges before larger problems develop.

Six community coalitions in greater Nebraska conducted PIWI sessions this past year:

- Growing Community Connections, based in South Sioux City
- Community and Family Partnership, based in Columbus
- Families 1st Partnership, based in North Platte
- Fremont Family Coalition, based in Fremont
- Norfolk Family Coalition, based in Norfolk
- Saline-Jefferson Rooted in Relationships, based in Crete

One hundred ninety-two children in 99 families participated in PIWI groups or home-based services for an average of eight weeks.

Strategy for Universal Populations

Parent engagement and leadership

Community Cafés

Community Cafés are a connected series of conversations among parents and other community members. Parents decide on the conversation topics and host the Cafés with the support of local organizations. Group harvests from the Café conversations identify actions for positive changes in families, neighborhoods, and the community.

The Community Café approach began in Washington State and is being successfully implemented in 21 states. In 2017-2018, the NCAPF Board awarded grant funds to two Nebraska communities to conduct Community Cafés. These communities supported six parent and staff teams in hosting a total of 29 Cafés, led by 17 parent hosts and attended by 231 parents and their children, plus 104 community partners. Participants in one Café series spoke 18 languages and included several translators.



KEY FINDING

92% OF PARENTS REPORTED LEARNING NEW WAYS TO INTERACT WITH THEIR CHILD

Parents significantly increased positive strategies and decreased negative strategies in their interactions with their children as measured by the Dyadic Parenting Interaction Coding System.

Children's problem behaviors decreased significantly, as measured by the Eyberg Child Behavior Inventory.

Strategy for Universal and High-Risk Populations

Parents and other caregivers and their children, including many who have experienced trauma and involvement with child welfare

Circle of Security™ - Parenting (COS-P)

COS-P is an eight-week parenting class to build strong attachments and relationships between parents and their children. More than 151 families participated in 11 COS-P classes in 2017-2018. Participants included female (72%) and male (28%) parents or adult caregivers with infants, toddlers, preschool, and school-age children.

Many COS-P participants came to the first classes based on recommendations from other parents or professionals and some came due to court requirements.

Participating communities included Kimball, Ogallala, Lexington, Lincoln, Seward, Omaha, and others.

KEY FINDING

COS-P participants made significant improvements in key areas measured by a pre-post survey. Improvements include increased confidence in meeting the needs of their children, better recognition of behaviors that trigger negative responses in their children, and decreased parenting stress.

Strategy for High-Need Individuals

Parents and children ages 2-7 with challenging behaviors

Parent-Child Interaction Therapy (PCIT)

PCIT is an evidence-based strategy that improves the quality of the parent-child relationship and parent-child interaction patterns. PCIT helps parents learn specific skills to establish a nurturing and secure relationship with their child while decreasing their child's negative behaviors.

Six Community Well-Being collaborations and two additional partnerships in Greater Nebraska supported PCIT:

- Growing Community Connections, based in South Sioux City
- Community and Family Partnership, based in Columbus
- Families 1st Partnership, based in North Platte
- Fremont Family Coalition, based in Fremont
- Norfolk Family Coalition, based in Norfolk
- York Family Coalition, based in York
- Saline-Jefferson Rooted in Relationships, based in Crete
- Hastings One-Stop Shop, based in Hastings

Sixty-nine children in 69 families participated in PCIT for an average of nine sessions.



We all could use help sometimes.

Parenting is hard! There's nothing wrong with needing an extra hand now and then, whether it's emotional support or practical advice. Learn how to find community support for yourself and others at BringUpNebraska.org.

IT TAKES ALL OF US TO
#BRINGUPNEBRASKA

Public Awareness

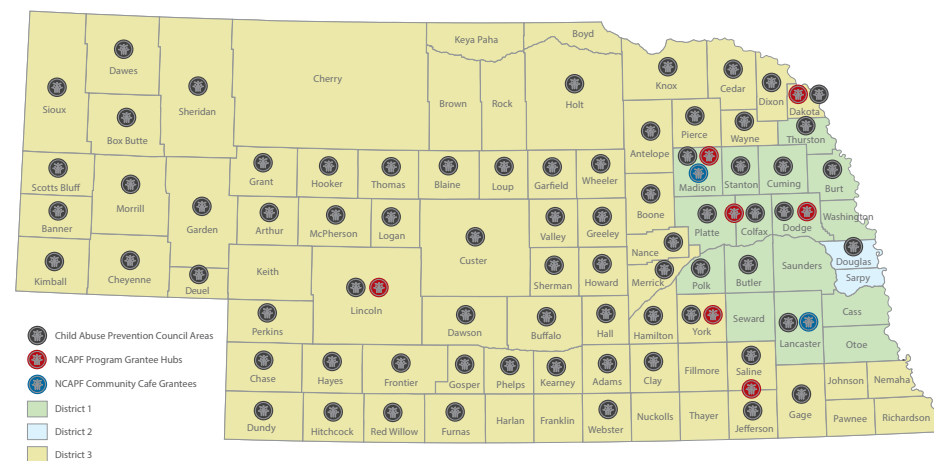
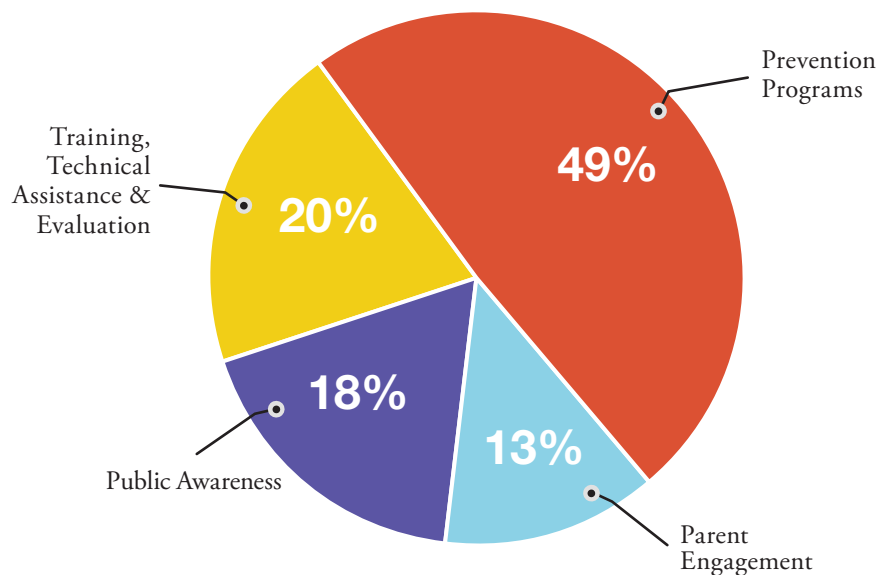
In April, Child Abuse Prevention Month, the NCAPF Board supported the national Pinwheels for Prevention public awareness campaign with a focus on promoting the protective factors that all families need to thrive. Seventeen local child abuse prevention councils and five other partners used the Nebraska Pinwheels website and campaign tools to inform and engage parents and community members in activities to help build stronger families. Campaign materials displayed or distributed in April and the following months included more than 28,000 pinwheels and more than 12,000 other items (signs, tote bags with information, first aid kits, stress relievers, etc.).

The NCAPF Board sponsored 374 recorded and live radio ads on NPR, NET, and KIOS, as well as two Spanish stations. These ads reached 274,700 people almost six times for 1,633,000 gross impressions. The campaign website included resources for use by local child abuse prevention councils and other partners, including a press release, social posts, and graphics, and other information on the Center for the Study of Social Policy Protective Factors.

Training and Technical Assistance

All grantees received support for initial training, implementation, and evaluation in NCAPF Board-supported strategies, including Parents Interacting with Infants (PIWI), Circle of Security™-Parenting, Parent-Child Interaction Therapy (PCIT), and Community Cafés. Additional support was provided for development of community systems to support and use these strategies, including but not limited to, Community Response, Collective Impact and Community Well-Being (Bring Up Nebraska). This support was provided through on-site training and technical assistance, regional meetings, peer learning calls, and other means.

Allocations



Community Program Grantees		
Public Health Solutions	\$22,500	PIWI and PCIT
York County Health Coalition	\$22,500	PIWI and PCIT
CASA of South Central Nebraska	\$22,500	PCIT
Norfolk Area United Way	\$37,500	PIWI and PCIT
East Central District Health	\$15,000	PIWI and PCIT
Fremont Area United Way	\$15,000	PIWI and PCIT
Siouxland Human Investment	\$10,000	PCIT
West Central District Health	\$10,000	PIWI and PCIT
NeAEYC	\$35,489	COS-P
Parent Engagement Grantees		
Lincoln Community Foundation	\$28,659	Community Cafés
Norfolk Area United Way	\$10,550	Community Cafés
National Alliance of Children's Trust and Prevention Funds	\$10,000	Community Café training and support
Public Awareness		
Unanimous	\$38,000	Prevention Store
Learfield	\$30,000	Radio ads
Training, Technical Assistance & Evaluation		
Nebraska Children & Families Foundation	\$70,000	Training, technical assistance, coordination, and evaluation
Academy for Competent Youth Work	\$10,000	Training

TOTAL \$387,698

Board of Directors 2017-2018

The NCAPF Board is administered by the Nebraska Department of Health and Human Services and is governed by a board that is nominated by the Governor and approved by the State Legislature.

District I

Dr. Lisa Knoche (Chair), Lincoln

District II

Mary Beth Hanus, Omaha
Dr. Paul Nelson, Omaha

District III

Dr. Todd Bartee (Vice Chair), Kearney
Shelley McQuillan, Ogallala

Personnel Required by Statute

Emily Kliver and Judy Martin represented the Nebraska Department of Health and Human Services, Divisions of Children and Family Services and Public Health, respectively.

Report prepared by Nebraska Children and Families Foundation.