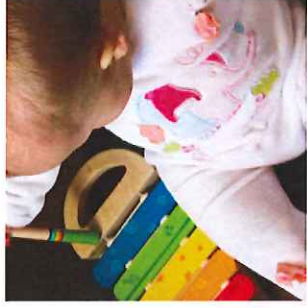


Nebraska Child Abuse Prevention Fund Board
Annual Report

Fiscal Year 2016-2017



About the Nebraska Child Abuse Prevention Fund Board

The Nebraska Child Abuse Prevention Fund Board was created in 1986 by the Nebraska Legislature to provide prevention information, education, and resources to parents, professionals, and the public. Board members are appointed by the Governor and approved by the Legislature. The Board is administered by the Nebraska Department of Health and Human Services.

The board's plan for 2016-2017 included the following priorities:

- Supporting evidence-informed approaches to child abuse prevention in Nebraska communities. The number of communities receiving direct funds doubled over the past two years.
- Administering a statewide public awareness campaign through child abuse prevention councils and coalitions. The number of councils and coalitions serving multiple counties remained stable at 17.
- Providing training and technical assistance on research-based child abuse prevention strategies to community grantees and other partners.

Grants

The Nebraska Child Abuse Prevention Fund Board (NCAPF Board) provides grants to support research-based strategies that help children thrive.

In 2016-2017, the NCAPF Board continued to provide funding for strategies that targeted universal populations, high-risk populations, and high-need individuals. Four primary strategies were implemented: Parents Interacting With Infants (universal), Community Cafés (universal), Circle of Security™ Parenting (universal and high-risk), and Parent-Child Interaction Therapy (high-need individual).

These four strategies reached children from infancy through youth. More than 632 families with children participated in multiple sessions of these strategies.

All strategies were implemented by community coalitions that were also working on other approaches to build the protective factors that research has shown to reduce child abuse and neglect: parental resilience, concrete supports, social connections, knowledge of child development, nurturing and attachment, and children's social-emotional competence.

KEY FINDING

Parents participating in Parents Interacting With Infants with their young children made significant and meaningful changes across all areas of parenting skills measured by the Healthy Families Parenting Inventory, including efficacy, home environment, and parent-child interaction.



Strategy for Universal Populations

Parents with infants and young children ages 0-2

Parents Interacting With Infants (PIWI)

PIWI is an evidence-informed strategy from the Center on the Social and Emotional Foundations for Early Learning. PIWI brings parents of very young children together in small groups to increase their confidence, competence, and joy in parenting. The developmental topics of each PIWI session increase mutually enjoyable and beneficial interactions between parents and their young children. PIWI sessions also help to make it normal and positive to ask questions about parenting before problems occur.

Five community coalitions in Greater Nebraska conducted PIWI sessions this past year:

- Dakota County Connections, based in South Sioux City
- Zero2Eight in Platte and Colfax counties, based in Columbus
- Families 1st Partnership, based in North Platte
- Fremont Family Coalition, based in Fremont
- Norfolk Family Coalition, based in Norfolk

Across the five coalitions, 124 families with young children participated in PIWI groups or home-based services for an average of eight weeks.

Strategy for Universal Populations

Parent engagement and leadership

Community Cafés

Community Cafés are connected series of conversations among parents and other community members. Parents choose conversation topics and host the Cafés with the support of local organizations. The Café conversations identify actions for positive changes in families, neighborhoods, and the community.

The Community Café model began in Washington State and is being successfully implemented in 17 states. In 2016-2017, the NCAPF Board awarded grant funds to four Nebraska communities to conduct Community Cafés. Each community supported six parent and staff teams in hosting a total of 46 Cafés with 690 participants, including 340 adults and 350 children. Results included increased access to resources for families, improvements in schools, and increased safety in neighborhoods. One community conducted Cafés in Spanish.

KEY FINDINGS





Strategy for Universal and High-Risk Populations

Parents and other caregivers and their children, including many who have experienced trauma and involvement with child welfare

Circle of Security™ Parenting (COS-P)

COS-P classes are designed to enhance attachment security between parents and children. Community partners in the following counties and others participated in COS-P in 2017: Lancaster, Douglas, Lincoln, Harlan, and Richardson. About 70 parents participated.

An overview of COS-P that includes the viewpoints of parents can be found at www.rootedinrelationships.org/resources/videos/circle-of-security-parenting.html

KEY FINDING

COS-P participants demonstrated significant increases in parenting skills, improved relationships with their children, and decreased parenting stress as measured by a pre/post survey.



KEY FINDING

77% OF PARENTS MADE IMPROVEMENTS IN PARENTING SKILLS

Skills included decreased commands and negative talk per the dyadic parenting interaction coding system. Parents also reported significant reduction in personal distress and improved parenting competence.

Parents and children ages 2-7 with challenging behaviors

Parent-Child Interaction Therapy (PCIT)

PCIT is an evidence-based strategy that improves the quality of the parent-child relationship and parent-child interaction patterns. PCIT helps parents learn specific skills to establish a nurturing and secure relationship with their child while decreasing their child's negative behaviors.

Five Child Well-Being collaborations in Greater Nebraska supported PCIT implementation:

- Dakota County Connections, based in South Sioux City
- Zero2Eight in Platte and Colfax counties, based in Columbus
- Families 1st Partnership, based in North Platte
- Fremont Family Coalition, based in Fremont
- Norfolk Family Coalition, based in Norfolk

Ninety-nine families with children participated in PCIT for an average of nine sessions.

Parents participating in Parent-Child Interaction Therapy made significant improvements in nurturing and attachment, family resilience, and knowledge of child development as measured by the Protective Factors Survey.



**Pinwheels for
PREVENTION[®]**
Prevent Child Abuse
Nebraska

NebraskaPinwheels.org



Public Awareness Campaign

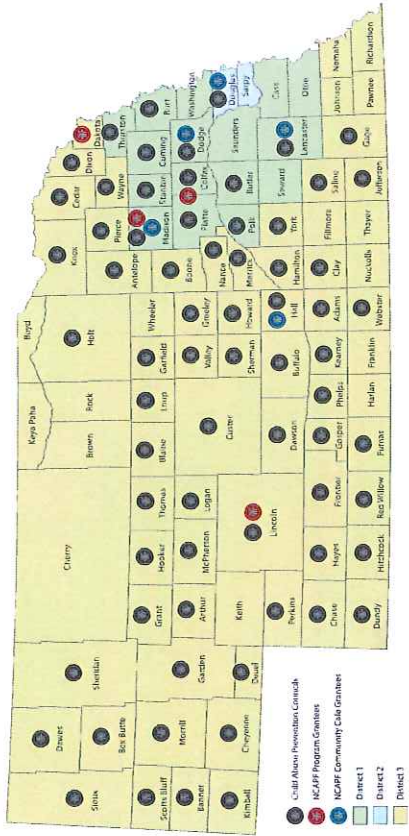
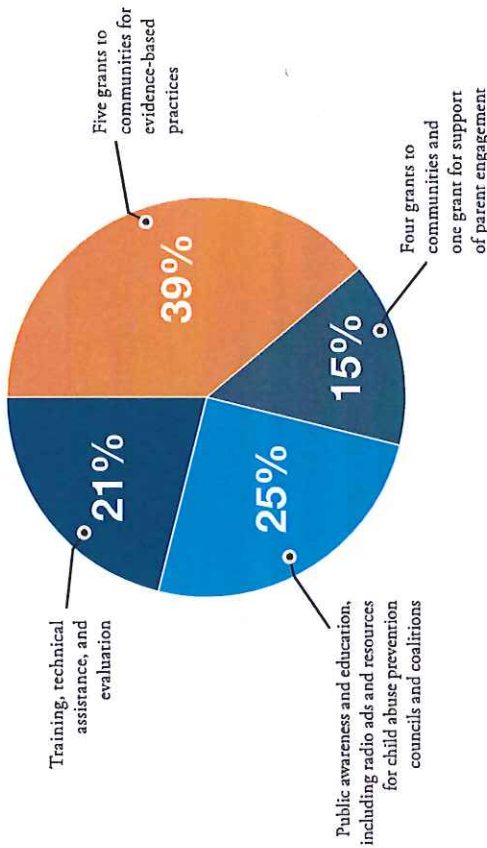
The NCAPF Board supported the national Pinwheels for Prevention public awareness campaign with a focus on promoting the Protective Factors that all families need to thrive. Seventeen local child abuse prevention councils and five other partners used the Nebraska Pinwheels website and campaign tools to inform and engage parents and community members in activities and events to develop stronger families across the state. Campaign materials displayed or distributed included more than 19,000 pinwheels and more than 12,000 other items.

In April, 110 campaign radio ads ran on Nebraska Radio Network's 51 stations. KIOS ran 51 campaign spots per week, and NET ran spots on five programs from April through June. City bus ads were placed in Omaha and Lincoln in April.

Training and Technical Assistance

All grantees received support for initial training, implementation, and evaluation in NCAPF-supported strategies, including PIWI, Circle of Security-Parenting, PCIT, and Community Cafés. Additional support was provided for development of community systems to support and use these strategies, including but not limited to Community Well-Being, Collective Impact, and Community Response. This support was provided through on-site training and technical assistance, regional meetings, peer learning calls, and various other means.

Allocations



Board of Directors 2016-2017

The NCAPF Board is administered by the Nebraska Department of Health and Human Services and is governed by a Board that is nominated by the Governor and approved by the State Legislature.

- District I** Member-At-Large
 Dr. Lisa Knoche (Chair), Lincoln
 Dr. Mary Fran Flood, Lincoln
- District II** Personnel Required by Statute
 Mary Beth Hanus, Omaha
 Dr. Paul Nelson, Omaha
 Emily Kluver and Judy Martin represented the Nebraska Department of Health and Human Services, Divisions of Children and Family Services and Public Health, respectively.
- District III**
 Dr. Todd Bartee (Vice-Chair), Kearney
 Shelley McQuillan, Ogallala

Community Grantees	Amount	Category
Norfolk Area United Way	\$22,500	PIWI and PCIT
East Central District Health	\$12,000	PIWI and PCIT
Fremont Area United Way	\$12,500	PIWI and PCIT
Siouxland Human Investment	\$27,500	PCIT
West Central District Health	\$30,000	PIWI and PCIT
NAEYC	\$30,000	COS-P
Parent Engagement		
Lincoln Community Foundation	\$17,500	Community Cafés
Norfolk Area United Way	\$5,261	Community Cafés
Metropolitan Child Advocacy	\$11,700	Community Cafés
Central District Health	\$5,962	Community Cafés
National Alliance of Children's Trust and Prevention Funds	\$10,000	Community Café training and support
Public Awareness		
Unanimous	\$38,500	Prevention Store
Learfield	\$25,000	Radio ads
Honeck Transit	\$15,000	Bus ads
Pear Press	\$5,800	Books
Nebraska Press Advertising	\$4,500	Online ads
Training, Technical Assistance & Evaluation		
Nebraska Children & Families	\$60,000	Training, Technical assistance, Coordination & Evaluation
UNMC	\$2,954	PCIT Survey
UNI Center for Children Families & the Law	\$10,000	Early Childhood Mental Health Planning
TOTAL	\$347,177	