



Nebraska Child Abuse Prevention Fund Board
Annual Report

Fiscal Year 2013-2014

The Nebraska Child Abuse Prevention Fund Board (NCAPF Board) supports research-based strategies to promote safe and healthy children, families and communities. In 2013-2014, five community collaborations implemented these strategies. ***A total of 404 children and 314 families were directly served.*** All strategies were evaluated to

assess benefits that were realized. Evaluation data also provided information for continued improvements in the coming year. Several hundred additional children and families in over 60 counties were involved through 16 local child abuse prevention councils and shorter-term services or community events.

Key Finding

Parents who participated in PIWI with their children made improvements in nurturing and attachment, parent resilience and knowledge of child development as measured by the Protective Factors Survey.

Strategy for General Populations – parents with infants and young children ages 0-2

Parents Interacting With Infants – PIWI

PIWI is an evidence-informed strategy through the Center on Social and Emotional Foundations for Early Learning. PIWI increases parent confidence, competence and mutually enjoyable relationships with their young children. Parent participants often don't have the information or experience to be able to provide responsive, respectful interaction with their young children.

Four Child Well-Being collaborations in greater Nebraska are supporting PIWI implementation:

- Dakota County Connections
- Zero2Eight in Platte and Colfax counties
- West Central Partnership-Children and Families Alliance in North Platte
- Fremont Family Coalition

249 children in 185 families participated in PIWI groups or home-based services.

Child behavior problems decreased by 46 percent and parent concerns about their child's conduct decreased by 35 percent in an average of eight Parent-Child Interaction Therapy (PCIT) sessions, according to the Eyberg Child Behavior Inventory.

Key Finding

Parents who participated in PCIT made significant improvements in resilience, knowledge of child development and nurturing and attachment as measured by the Protective Factors Survey.

Strategy for High-Need Individuals – children in early childhood and elementary grades, ages 2-7, with challenging child behaviors

Parent Child Interaction Therapy – PCIT

PCIT is an evidence-based strategy that improves the quality of the parent-child relationship and changes parent-child interaction patterns. Parents learn specific skills to establish a nurturing and secure relationship with their child while decreasing their child's negative behaviors. Parents report significant reduction in personal distress and improved parenting control.

Twenty therapists have been trained to provide Parent-Child Interaction Therapy in greater Nebraska through NCAPF support.

Four Child Well-Being collaborations in greater Nebraska are supporting PCIT implementation:

- Dakota County Connections
- Zero2Eight in Platte and Colfax counties
- West Central Partnership-Children and Families Alliance in North Platte
- Fremont Family Coalition

A total of 118 children in 115 families participated in PCIT.

Strategy for High-Risk Populations—for children ages 5-17 that have experienced trauma and family disruption

3-5-7 Permanency Quest

3-5-7 Permanency Quest is an evidence informed strategy to facilitate successful permanent placements or independence for children ages 5-17.

Community partners in Adams, Clay, Nuckolls and Webster counties are supporting 3-5-7 through CASA of South Central Nebraska.

Thirty-seven children in 14 families participated in 3-5-7.

Key Finding

Parent stress was significantly reduced after six months of services as measured by the Parenting Stress Index.

Parents who participated in 3-5-7 made improvements in resilience and nurturing and attachment as measured by the Protective Factors Survey.

Strategy for Public Awareness—to inform parents about local resources and to engage community support for families

Sixteen local child abuse prevention councils conducted activities to inform and engage parents and other community members in support of local resources to strengthen families. Through a combination of public events, presentations and classes, council activities directly reached 62 counties (not counting the additional media reach of numerous newsletters, newspaper articles and 165 radio ads).

Materials displayed or distributed included over 20,000 pinwheels and over 12,000 other items (tote bags, magnet picture frames, gardening kits, t-shirts, tumblers, etc.) to promote information through the Rethink Your Reaction and Pinwheels for Prevention toolkit.

Lincoln and Omaha hosted kick-off events for April, Child Abuse Prevention Month, with family-friendly activities, local and state elected officials and media coverage. First Lady Sally Ganem spoke about positive parenting to more than 200 participants in the Haymarket Railyard and the Mayors of Omaha and Council Bluffs spoke to participants at the Bob Kerrey pedestrian bridge.

Nebraska Educational Television included Rethink Your Reaction messages during PBS Kids, Home & Garden and other programming; KOLN/KGIN TV included interviews on positive parenting as part of *Moms Everyday* programming; and Learfield Communications ran Rethink Your Reaction radio messages on stations in the Nebraska Radio Network.



Training and Technical Assistance

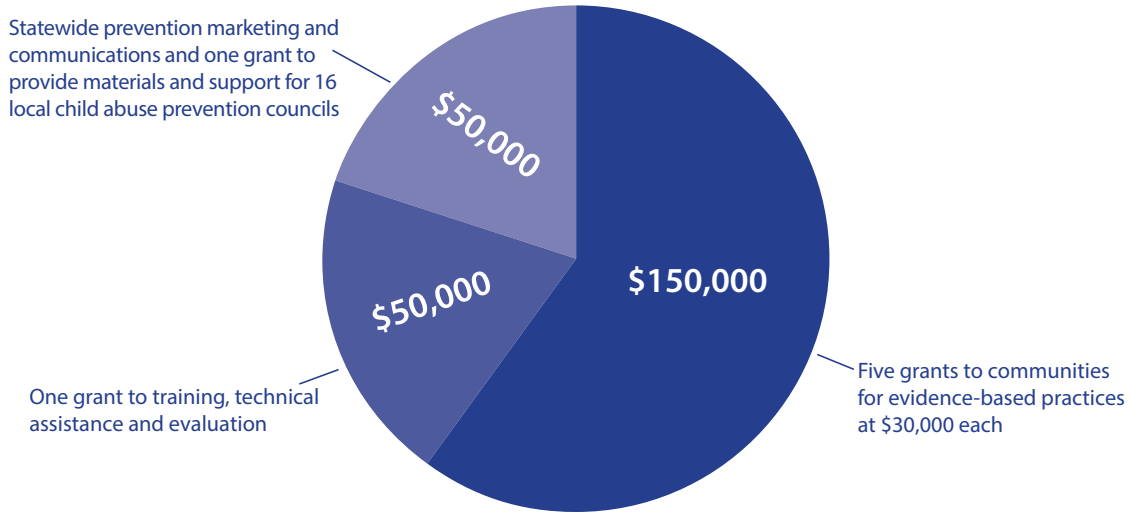
In July 2013, the NCAPF Board and Nebraska Children sponsored a one-day training on Family Centered Practice and the Protective Factors and a one-day training on Outcome Accountability. Both trainings were led by a staff member of the FRIENDS National Resource Center for Community Based Child Abuse Prevention. Participants included over 30 representative team members from the NCAPF Board grantee communities and the NCCFF staff, consultant and evaluation team.

In June 2014, the NCAPF Board and Nebraska Children co-sponsored interactive sessions with social change consultant FSG on Collective Impact. Several representatives from four NCAPF grantees, as well as representatives from other Child Well Being communities, participated. A one-day training on the Protective Factors through the FRIENDS National Resource Center for Community-Based Child Abuse Prevention was also conducted. Many attending in person were from Lincoln, however the training was also offered by video link and approximately two dozen grantee representatives from other communities participated.

In addition to on-site training, Nebraska Children also lead monthly peer learning calls February through May 2014 to support grantees engaged in Collective Impact.

Financials

Annual budget = \$250,000



Board of Directors 2013-2014

NCAPF is administered by the Nebraska Department of Health and Human Services and is governed by a nine-member Board, nominated by the Governor and approved by the State Legislature.

District I

Brandon Verzal (Chair), Lincoln

Dr. Lisa Knoche, Lincoln

District II

Denise Pecha (Vice-Chair), Omaha

Mary Beth Hanus, Omaha

District III

Joni Kuzma, Grand Island

Trisha Crandall, Burwell

Member-At-Large

Dr. Mary Fran Flood, Lincoln

Personnel Required by Statute

Two representatives of the Nebraska Department of Health and Human Services as appointed by the directors of Children and Family Services, and Public Health. These representatives included Emily Kluver, Beri Edwards and Paula Eureka.

Report prepared by Nebraska Children