## ONE HUNDRED SECOND LEGISLATURE

## FIRST SESSION

## LEGISLATIVE RESOLUTION 113

Introduced by Howard, 9; Avery, 28; Brasch, 16; Christensen, 44; Conrad, 46; Cook, 13; Dubas, 34; Harms, 48; Karpisek, 32; Mello, 5; Nordquist, 7; Pirsch, 4; Wallman, 30.

WHEREAS, Fetal Alcohol Spectrum Disorders Awareness Day has been celebrated internationally on September 9th of each year since 1999; and

WHEREAS, Fetal Alcohol Spectrum Disorders (FASD) describes a spectrum of significant physical, mental, behavioral, and learning effects that can occur in individuals whose mothers consume alcohol during pregnancy; and

WHEREAS, only forty percent of women realize they are pregnant at four weeks, a critical time for organ development, and many women continue to drink during this period because they do not know they are pregnant; and

WHEREAS, nationally one in thirty women engage in binge drinking when they are pregnant; and

WHEREAS, FASD is a lifelong disability that is completely preventable; and

WHEREAS, the first step in preventing FASD is making sure that potential parents are aware of the dangers of alcohol consumption during pregnancy.

NOW, THEREFORE, BE IT RESOLVED BY THE MEMBERS OF THE ONE HUNDRED SECOND LEGISLATURE OF NEBRASKA, FIRST SESSION:

1. That September 9, 2011, be designated Fetal Alcohol Spectrum Disorders Awareness Day in Nebraska.

-1-

2. That on September 9, 2011, individuals, organizations, and communities are encouraged to engage in discussions and activities that raise awareness about FASD and the dangers of consuming alcohol during pregnancy.